Kick-Ball-Swing Shuffle

级数: Beginner

编舞者: Russell Breslauer (USA) - August 2019

墙数:1

音乐: Not The Woman's Fault (女人沒有錯)

KICK-BALL-SWING SHUFFLE IN PLACE X 2

- 1&2 Swing Right Toe Forward With The Ball Touching The Floor And Back The Same With A Flick Back
- 3&4 Shuffle In Place RLR

拍数: 32

- 5&6 Swing Left Toe Forward With The Ball Touching The Floor And Back The Same With A Flick Back
- 7&8 Shuffle In Place LRL

KICK-BALL-SWING SHUFFLE SIDE X 2

- 1&2 Swing Right Toe Forward With The Ball Touching The Floor And Back The Same With A Flick Back
- 3&4 Shuffle To The Right RLR
- 5&6 Swing Left Toe Forward With The Ball Touching The Floor And Back The Same With A Flick Back
- 7&8 Shuffle To The Left LRL

KICK-BALL-SWING, BACK COASTER X 2

- 1&2 Swing Right Toe Forward With The Ball Touching The Floor And Back The Same With A Flick Back
- 3&4 Back Coaster Step R Back L Next To Right R Forward
- 5&6 Swing Left Toe Forward With The Ball Touching The Floor And Back The Same With A Flick Back
- 7&8 Back Coaster Step L Back R Next To Left Lforward

KICK-BALL-SWING SHUFFLE FORWARD KICK-BALL-SWING SHUFFLE BACK

- 1&2 Swing Right Toe Forward With The Ball Touching The Floor And Back The Same With A Flick Back
- 3&4 Shuffle Forward RLR
- 5&6 Swing Left Toe Forward With The Ball Touching The Floor And Back The Same With A Flick Back
- 7&8 Shuffle Back LRL

*Can Be 4-Wall With 7&8 Being A Jazz Box ¼ Left Turn

REPEAT

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