

AB #13 Rock & Roll Waltz

COPPER KNOB
STEPSHEETS

拍数: 36 墙数: 1 级数: Absolute Beginner Waltz
编舞者: Janet Cummings (USA) - August 2019
音乐: Rock & Roll Waltz - Scooter Lee



Intro: 12 Counts

No Tags or Restarts...Lots of Repetition! Video gives an option for a 4-Wall.

BASIC WALTZ FORWARD AND BACK

Weight Starts on Right

1, 2, 3 L Step Forward, R Step Together, L Step In Place
4, 5, 6 R Step Back, L Step Together, R Step In Place

TWINKLE RIGHT AND LEFT

1, 2, 3 L Cross over R, R Step, L Step
4, 5, 6 R Cross over L, L Step, R Step

BASIC WALTZ FORWARD AND BACK

1, 2, 3 L Step Forward, R Step Together, L Step In Place
4, 5, 6 R Step Back, L Step Together, R Step In Place

TWINKLE RIGHT AND LEFT

1, 2, 3 L Cross over R, R Step, L Step
4, 5, 6 R Cross over L, L Step, R Step

STEP L FORWARD, R POINT, HOLD; R STEP BACK, L POINT, HOLD

1, 2, 3 L Step Forward, R Point to Side (Extended) and Hold for 1 Count
4, 5, 6 R Step Back, L Point to Side (Extended) and Hold for 1 Count

STEP L FORWARD, R POINT, HOLD; R STEP BACK, L POINT, HOLD

1, 2, 3 L Step Forward, R Point to Side (Extended) and Hold for 1 Count
4, 5, 6 R Step Back, L Point to Side (Extended) and Hold for 1 Count

Dance... for physical and mental health! May God guide us each step of the way.

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