I'm Here

拍数: 32

级数: High Beginner



编舞者: Lisa Bodnar (USA) - July 2019 音乐: I'm Here - Kolby Oakley

墙数:4

*Official Line Dance of "I'm Here" Beer! (July 2019)

No Tags Or Restarts!

[1-8]: Kick R 2x, Triple Step, Kick L 2x Triple Step

- 1-2 Kick right foot forward twice
- 3&4 Triple step in place R -L-R by stepping back down on R foot, picking L foot up and then stepping down on it followed by picking up R foot again and stepping weight down on it.
- 5-6 Kick left foot forward twice
- 7&8 Triple step in place L-R-L by stepping down on L foot you just kicked forward, picking R foot up and then stepping down on it followed by picking up L foot again and stepping weight down on it.

[9-16]: R Heel/Toes Slide R Together Touch/Stomp (repeat L)

- 9-10 Right heel touches forward in front of you, right toe then touches back
- 11-12 Step R foot out to right side with a big step sideways and slide L foot to meet R with a touch (or a stomp for extra effect!) (*do not transfer weight onto left)
- 13-14 Left heel touches forward in front of you, left toe then touches back
- 15-16 Step L foot out to left side with a big step sideways and slide R foot to meet L with a touch (or stomp!) (*do not transfer weight on to right)

[17-24]: Step Backs with Hitches

- 17-18 Step back onto R foot and then hitch left knee (you will be moving backwards during all step backs)
- 19-20 Step back onto L foot and hitch right knee
- 21-22 Step back onto R foot and hitch left knee
- 23-24 Step back onto L foot and hitch right knee

Note: (*Since this is the official line dance for "I'm Here" beer, for styling purposes you can hold your "I'm Here" beer in the air during these step backs!)

[25-32]: Hips RR, LL, Walk R, Walk L, Step R ¼ Turn Pivot

- 25-26 Step forward on right foot while bumping hips forward right twice
- 27-28 Step forward on left foot while bumping hips forward left twice
- 29-30 Walk forward on your R, walk forward on your L
- 31-32 Step forward on R foot and make a ¼ pivot over your left shoulder (weight goes to left foot). (For styling purposes you can give it a hip roll as you make the turn!)

Repeat! Got Questions? Email us at Crewcountrylinedancing@gmail.com!