

Algo Contigo

拍数: 64 墙数: 4 级数: Intermediate
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音乐: Algo Contigo - Gente de Zona



Start dance : 16 C - No Tag No Restart

INTRO DANCE (32C)

ii:

1-2-3-4 Step RF diagonal forward-touch LF beside RF-Step LF diagonal forward-touch RF Beside LF
5-6-7-8 Step RF diagonal forward-touch LF beside RF-Step LF diagonal forward-touch RF Beside LF

iii:

1-2-3-4 Step RF back and lifting L toe up and out- step LF back and lifting R toe up and out- Step RF
back and lifting L toe up and out- step LF back and lifting R toe up and out
5-6-7-8 step RF diagonal side right- step LF diagonal side left- step RF to centre- step LF to centre

iiii:

1-2-3-4 Cross RF over LF-touch point LF to side left- cross LF over RF- touch point RF to side right
5-6-7-8 Cross RF over LF-touch point LF to side left- cross LF over RF- touch point RF to side right

iiV: Repeat *iii

MAIN DANCE (64C)

Season 1.

1-2 Step RF to side right- close LF beside RF
3&4 Cross RF over LF- step LF Behind RF- cross RF over LF
5&6 Step LF to side left- recover RF-close LF beside RF
7&8 Step RF to side right- recover LF-close RF beside LF

Season 2.

1-2 Step LF to side left- close RF beside LF
3&4 Cross LF over RF- step RF Behind LF- cross LF over RF
5&6 Step RF to side right- recover LF-close RF beside LF
7&8 Step LF to side left- recover RF-close LF beside RF

Season 3.

1-2 Step RF backward – recover LF
3&4 Turn ½ left step RF backward-cross LF over RF- step RF backward
5-6 Step LF backward – recover RF
7&8 Turn ½ right step LF backward-cross RF over LF- step LF backward

Season 4.

1-2 Step RF backward – recover LF
3-4 Step RF forward – recover LF
&5-6 Step RF backward- touch LF forward – hold
7&8 Hips R-L-R

Season 5.

1-2 Cross LF behind RF – recover LF
3&4 Step LF to side left – close together Rf-step LF to side left
5-6 Cross LF behind RF – recover LF
7&8 Step RF to side right – close together Lf-step RF to side right

Season 6.

1&2 hip bums L-R-L
3&4 hip bums R-L-R
5&6 Turn ¼ right step LF side and hips bums L-R-L
7&8 hips bum R-L-R

Season 7.

1-2 Cross LF over LF – recover RF
3&4 Step LF to side left– close together RF-step LF to side left
5-6 Cross RF over LF – recover RF
7&8 Step RF to side right – close together Lf- turn ¼ right step RF forward

Season 8.

1&2 Step LF forward – turn ¼ right step RF in place – cross LF over RF
3-4 Big step RF to side right with Up your hand – hold
5&6 Close LF beside RF and shimmy your sholder R-L-R
7-8 Small step RF to side right with sway right – sway left
