

Cogok Mancogok

拍数: 48 墙数: 4 级数: High Beginner
编舞者: Diba Munaf (INA) - July 2019
音乐: Cogok Mancogok by Nuskan Syarif & Elly Kasim



Intro : 32 count

WALK, WALK, CHASSE, WALK, WALK, CHASSE

12 Walk fwd RL
3&4 Step RF to R, close LF to RF, step RF to R
56 Walk back LR
7&8 Step LF to L, Close RF to LF, Step LF to L

CROSS ROCK, CHASSE, WEAVE 1/4 R

12 Cross RF over LF, Recover onto LF
3&4 Step RF to R, Close LF to RF, Step RF to R
5678 Cross LF over RF, Step RF to R, Cross LF behind RF, Step RF Fwd turning 1/4 R

PIVOT 1/2 R, SHUFFLE FWD, ROCKING CHAIR

12 Step LF fwd, Turn 1/2 R weight on RF
3&4 Step LF fwd, close RF to LF, Step LF fwd
5678 Rock RF fwd, Recover onto LF, Rock RF back, Recover onto LF

CROSS, POINT, JAZZ BOX

12 Cross RF over LF, point LF to L
34 Cross LF over RF, Point RF to R
5678 Cross RF over LF, step LF back, step RF to R, step LF fwd

PIVOT 1/2 L, SHUFFLE FWD, ROCKING CHAIR

12 Step RF fwd, Turn 1/2 L weight on LF
3&4 Step RF fwd, close LF to RF, Step RF fwd
5678 Rock LF fwd, Recover onto RF, Rock LF back, Recover onto RF

CROSS, POINT, JAZZ BOX WITH TOUCH

12 Cross LF over RF, point RF to R
34 Cross RF over LF, Point LF to L
5678 Cross LF over RF, step RF back, step LF to L, touch RF next to LF

RESTART: On wall 5 do only 32 count, then Restart from beginning

Happy dancing!