

Joy

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Marianne Langagne (FR) - July 2019
音乐: Joy - Bastille



Intro : 16 counts - 2 Restarts (4th & 6th walls)

[1 – 8] SIDE ROCK CROSS, STEP LOCK STEP, STEP- R ½ TURN x 2

1 & 2 LF to the L & Cross LF over RF
3 & 4 RF forward (3) & lock LF behind RF, RF forward (4)
5 – 6 LF forward, R ½ turn
7 – 8 LF forward, R ½ turn (weight on RF)

(Option : 5 – 8 Rocking Chair)

[9 – 16] BACK WITH TOE FAN, TRIPLE BACK, BACK WITH TOE FAN, COASTER STEP

1 – 2 LF back-R toe fan (1), RF back-L toe fan (2)
3 & 4 LF back & together, LF back
5 – 6 RF back- L toe fan (5), LF back-R toe fan
7 & 8 RF back & LF next to RF, RF forward

Restarts here : 1st at 9o'clock – 2nd at 12o'clock

[17 – 24] SIDE ROCK CROSS X 2, R. ¼- LARGE SIDE ON L, TOUCH, LARGE SIDE ON R, TOUCH

1 & 2 LF to the L & Cross LF over RF
3 & 4 RF to the R & Cross RF over LF
5 – 6 R ¼ turn – Large step to the L, touch R next to L (3o'clock)
7 – 8 Large step to the R, touch L next to R

[25 – 32] DIAGONALY COASTER STEP, STEP L. ½ TURN, TRIPLE STEP, STEP R. ½ TURN

1 & 2 LF back & together, LF forward (1 ½ o'clock)
3 – 4 RF forward, L ½ turn (7 ½ o'clock)
5 & 6 RF forward & together, RF forward
7 – 8 LF forward, R ½ turn (1 ½ o'clock)

1 Make 1/8th turn right and start dancing again

LF : Left Foot RF : Right Foot

HAVE FUN !!!!!

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