

That's My Girl

拍数: 96 墙数: 4 级数: Advanced Funky
编舞者: Joan Morro (ES) - July 2019
音乐: That's My Girl - Fifth Harmony



Sequence: TAG, A, B, C, TAG', A, B, C, B, RESTART TAG, C, C, TAG.

Parte A

[1-8]: STEP TURN ½ L, KICK BALL TOUCH, SWIVEL X 3, STEP, TOGETHER.

1-2 RF step fwd, ½ Turn left LF step fwd (6.00)
3&4 RF kick fwd, RF step together , Touch LF fwd..
5&6 Swivel LF to left, swivel LF to right, Swivel LF to left
7-8 Lf Step fwd, RF step together LF

[9-16]: STEP & TOUCH X 2, STEP TURN ½ L, TOUCH X 2, STOMP

1,2 RF large Step to right diagonally, LF touch near RF
3,4 LF Large Step to Left Diagonally, RF Tocus Near LF
5,6 RF step fwd, ½ turn Left & step fwd (12:00)
7&8 Touch RF fwd, Touch RF fwd, Stomp RF fwd

[17-24]: SYNCOPATED ROCK, STEP FWD X2, SAILOR STEP ½ L.

12& LF rock FWD, REcover on RF, Lf Together RF
34& RF Rock fwd, recover on LF, RF together LF
5,6 LF Step Fwd, RF step fwd
7&8 Lf cross behind Rf turning ¼ left, Turn ¼ Left 6 step right, recover wight on LF (6.00)

[25-32]: SYNCOPATED ROCK, STEP FWD X 4

12& RF Rock fwd, recover weight on LF, RF together LF
34& LF rock delante, recover weight on RF, LF together RF
5-8 walks x 4 making ¼ turn left (3.00)

Parte B

[1-8]: STEP HOLD & BACK ROCK X 2,

1,2 RF Step right, hold
3,4 LF Back rock, recover on RF
5,6 LF Step left, hold
7-8 Rf Back rock, recover weight on LF

[9-16]: STEP FWD, HOLD, STEP BWD, STEP FWD, ½ TURN R, STEP FWD X 2

1,2 RF Step fwd right diagonally, Hold (4.30)
3,4 Recover weight on LF, turn ½ right & RF step fwd (10.30)
5,6 LF step fwd, ½ turn right & RF step fwd (5.30)
7,8 LF step fwd, turn 1/8 left & Rf step fwd (3:00)

[17-24]: SYNCOPATED CROSS MAMBO, SYNCOPATED ROCKIN CHAIR

1&2 LF Cross over RF, RF step to right, recover weight on LF
&3&4 RF Cross over LF, LF Step to left, recover weight on RF, LF Close near RF
5&6& Rock RF fwd, recover weight on LF, RF back Rock, recover weight LF
7&8 Rock RF fwd, recover weight on LF, RF close near LF.

[25-32]: SYNCOPATED CROSS MAMBO, SYNCOPATED ROCKIN CHAIR

1&2 LF Cross over RF, RF step to right, recover weight on LF

&3&4 RF Cross over LF, LF Step to left, recover weight on RF, LF Close near RF
5&6& Rock RF fwd, recover weight on LF, RF back Rock, recover weight LF
7&8 Rock RF fwd, recover weight on LF, RF touch near LF.

RESTART TAG: after having dancing the 3rd B, in count 32, making a TAG for start again with part C.

1,2 Back Slide RF , LF drag to RF (with funky style) (12:00)

Parte C

[1-8]: STEP, RECOVER, TRIPLE STEP, X 2

1,2 RF step fwd, recover weight on Lf
3&4 RF Step fwd, Recover weight on LF, REcover weight on RF
5,6 LF step fwd, recover on RF
7&8 LF step fwd, recover weight on RF, recover weigt on LF

[9-16]: STEP TURN ¼ L, CROSS SHUFFLE, STEP, BEHIND, MAMBO CROSS

1,2 RF Step fwd, turn ¼ left & LF step to left (12:00)
3&4 RF Cross over left, LF step to left, RF Cross over LF.
5,6 LF step to left, RF cross behind Left.
7&8 LF Mambo to left, recover weight on RF & LF cross over RF.

[17-24]: SIDE PUSH STEP, SAILOR STEP X 2, BODY ROLL

1,2 RF push step to Right, recover weight on LF
3&4 RF Cross behind LF, LF to left, recover weight on RF
5&6 Lf Cross behind RF, RF step to right, recover on LF
7,8 Touch RH fwd & make a body roll.

[25-32]: LOCKSTEP FWD X 2, LOCKSTEP BWD , BACK SLIDE, DRAG.

1&2 RF step fwd, LF lock behind RF, RF step FWD
3&4 LF step fwd, RF lock behind LF, Lf step fwd
5&6 RF Step bwd, LF lock over RF, RF step bwd
7,8 Slide LF backwards, drag RF.

*****3 TAG, The 3 Tags are the same, but the second tag is only half done and the last tones serve as ending**

[1-8]: CAMEL WALK X 7, JUMP

1 RF Step fwd and left knee make a pop ,RH to Left shoulder, LH to Right Shoulder cross over RH.
2 LF step fwd and right knee make a pop, RH to Right Shoulder, LH to Left Shoulder
3 RF step fwd and left knee make a pop, RH to right hip, LH to left hip
4 Lf step fwd and right knee make a pop Right arm stretched forward, left hand stretched forward crossed over right
5 RF Step fwd and left knee make a pop ,RH to Left shoulder, LH to Right Shoulder cross over RH.
6 LF step fwd and right knee make a pop, RH to Right Shoulder, LH to Left Shoulder
7 RF step fwd and left knee make a pop, RH to right hip, LH to left hip
8 Jump with both feet at the same time remaining with the legs open

[9-16]: HIP BUMP X 4, SLAP X 2, HIP ROLL

1-4 Bump to Left , Bump to right, Bump to left, bump to right
5,6 Slap LH on right hip, slap RH to the right hip
7,8 LF together RF and make a body roll

Ending: The last Tag will be looking at 6 o'clock and once you finish the body roll you will turn your body to the right making a snap with your right hand looking at 12:00

