Lose It

拍数: 32 **墙数:** 2 **级数:** Improver
编舞者: God Bless Country Music - July 2019
音乐: Lose It - Kane Brown : (Album: Experiment)

Intro : 16 Count

[1 – 8] STEP, TOUCH, BACK, KICK, COASTER STEP, SCUFF,STEP LOCK STEP, SCUFF, STEP TURN STEP, SCUFF,

1&2&	RF Fwd, Touch LF behind RF, LF Back, Kick RF,
3&4&	RF Back, LF beside RF, RF Fwd, Scuff LF,
5&6&	LF Fwd, Lock RF behind LF, LF Fwd, Scuff RF,
7&8&	RF Fwd, ½ Turn Left, RF Fwd, Scuff LF,

[9 – 16] VAUDEVILLE LEFT & RIGHT, STEP LOCK STEP, SCUFF, STEP, ¼ TURN,

1&2&	Cross LF over RF, RF to R, Left Heel diag L, LF beside RF,
3&4&	Cross RF over LF, LF to L, Right Heel diag R, RF beside LF,
5 - 8	LF Fwd, Lock RF Back LF, LF Fwd, Scuff RF, RF Fwd, ¼ to L

[17 – 24] SWITCH HEEL, SWITCH POINT, TOUCH, POINT, BEHIND SIDE CROSS

1&2&	Right Heel Fwd, RF beside LF, Left Heel Fwd, LF beside RF,
3 & 4	Point RF to R, RF beside LF, Point LF to L,
5 - 8	Touch LF beside RF, Point LF to L, Cross LF behind RF, RF to R, Cross LF over RF,

[25 – 32] ROCK STEP, ¼ TRIPLE SIDE, CROSS ROCK, TRIPLE SIDE,

1 - 4	RF Fwd LF, Recover on LF, ¼ to R RF to R, LF beside RF, RF to R,
5 - 8	Cross LF Fwd RF, Recover on RF, LF to L, RF beside LF, LF to L,

TAG # 1 HERE AFTER THE FIRST WALL
TAG # 2 HERE AFTER THE SECOND WALL
TAG # 2 + TAG # 1 + TAG # 3 HER AFTER THE FOURTH WALL
TAG # 2 + TAG # 2 HERE AFTER THE FIFTH WALL

TAG # 1 : 8 COUNT
[1 – 8] SYNCOPATED WEAVE, TRIPLE CROSS, SIDE ROCK, BEHIND, UNWIND ½ LEFT.

1&2&	Cross RF over LF, LF to L, Cross RF behind LF, LF to L,
3 & 4	Cross RF over LF, LF to L, Cross RF over LF,
5 - 8	LF to L, Recover on RF, Cross LF behind RF, ½ Tour to L,

TAG # 2 : 16 COUNT
[1 – 8] STEP TURN, TRIPLE FWD, KICK BALL STEP, KICK BALL STEP,

1 - 4	RF Fwd, ½ Turn L, RF Fwd, LF beside RF, RF Fwd,
5 & 6	Kick LF, LF beside RF, RF Fwd,
7 & 8	Kick LF, LF beside RF, RF Fwd,

[9 – 16] STEP TURN, TRIPLE FWD, HEEL BALL STEP, HEEL BALL STEP,

1 - 4	LF Fwd, ½ Turn L, LF Fwd, RF beside LF, LF Fwd,
5 & 6	Right Heel Fwd, RF beside LF, LF Fwd,
7 & 8	Right Heel Fwd, RF beside LF, LF Fwd,

TAG # 3 : 8 COUNT
[1 – 8] STEP, ¼ TURN, STEP, ¼ TURN, JAZZ BOX,

1 - 4	RF Fwd LF, ¼ Turn L, RF Fwd, ¼ Turn L,

5 - 8 Cross RF over LF, LF Back, RF to R, LF Fwd.