

Mandoza

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Improver
编舞者: Heidi Cronjé (SA) - July 2019
音乐: Nkalakatha - Mandoza : (4:44)



Music is available on Amazon.com

Intro: 32 counts

SECTION 1: JAZZ BOX, STEP, POINT, STEP, POINT

- 1-4 Cross R over L, Step L back, Step R side, Step L together (12:00)
- 5-6 Step R across L, Point L side (12:00)
- 7-8 Step L across R, Point R side (12:00)

SECTION 2: JAZZ BOX 1/4 R, POINT FWD, POINT SIDE, BACK ROCK, RECOVER

- 1-4 Cross R over L, Step L back, Turn 1/4 R and step R side, Step L together (03:00)
- 5-6 Point R Fwd, Point R side (03:00)
- 7-8 Rock R back, Recover L (03:00)

SECTION 3: STEP, 1/2 PIVOT TURN, WALK FWD X 2, ROCKING CHAIR

- 1-2 Step R fwd, Turn 1/2 pivot over L shoulder (weight on L) (09:00)
- 3-4 Walk R fwd, Walk L fwd (09:00)
- 5-8 Rock R fwd, Recover L, Rock R back, Recover L (09:00)

SECTION 4: R VINE, SCUFF, 1/4 L VINE, SCUFF

- 1-4 Step R side, Step L behind R, Step R side, Scuff L (09:00)
- 5-8 Step L side, Step R behind L, Turn 1/4 L and step L fwd, Scuff R (06:00)

SECTION 5: L PADDLE TURNS X 3 ROCK FWD, RECOVER

- 1-2 Step R fwd, Turn 1/4 L (weight on L) (03:00)
- 3-4 Step R fwd, Turn 1/4 L (weight on L) (12:00)
- 5-6 Step R fwd, Turn 1/4 L (weight on L) (09:00)
- 7-8 Rock R fwd, Recover L (09:00)

SECTION 6: SIDE, KICK, SIDE, TOUCH, POINT, 1/4 MONTEREY TURN, KICK, TOGETHER

- 1-2 Step R side, Kick L fwd (09:00)
- 3-4 Step L side, Touch R next to L (09:00)
- 5-6 Point R side, 1/4 Monterey Turn R (12:00)
- 7-8 Kick L fwd, Step L together (12:00)

SECTION 7: TOUCH, 1/4 MONTEREY TURN, POINT, TOGETHER, POINT, TOGETHER, KICK, TOGETHER

- 1-2 Touch R side, 1/4 Monterey turn R (03:00)
- 3-4 Point L side, Step L together (03:00)
- 5-6 Point R side, Step R together (03:00)
- 7-8 Kick L fwd, Step L together (03:00)

SECTION 8: POINT, 1/4 MONTEREY TURN, POINT, TOGETHER, POINT, 1/4 MONTEREY TURN, POINT, TOGETHER

- 1-2 Point R side, 1/4 Monterey turn R (06:00)
- 3-4 Point L side, Step L together (06:00)
- 5-6 Point R side, 1/4 Monterey turn R (09:00)
- 7-8 Point L side, Step L together (09:00)

Start Again. Have fun and Enjoy!

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