

Pretend 2 Dance

拍数: 48 墙数: 4 级数: Beginner & Improver - NEW LINE
编舞者: Elodie Mouillé (FR) & Steffie ROBERT (FR) - July 2019
音乐: Pretend - CNCO : (Single)



Intro : 32 counts - BEGINNER & IMPROVER versions that can be danced together

NB : The 2 versions of the dance (Beginner & Improver) are very similar but the beginner one has easier steps.

They are both written on the step sheet one just below the other. They can be dances at the time, everybody mixed.

BEGINNER VERSION :

[1-8] R. & L STEPS FW. KICK BALL STEP. R SIDE ROCK, ¼ TURN L, R MAMBO FW

1-2 R. Step forward, L. Step forward
3&4 R. Kick forward, R. Step next to L, L. Step forward
5-6 Rock R. to R. Side, Recover on L with a ¼ turn L 9:00
7&8 R. Mambo forward (= R. Rock forward, Recover on L, R. small back Step

[9-16] L. BACK , R. BACK, L. COASTER STEP, ¼ TURN L, ¼ TURN L

1-2 Step L back, Step R back
3&4 L. Coaster Step (= step back L, step R next to L, step forward L)
5-6 Step R. forward, ¼ turn L (Weight on L) 6:00
7-8 Step R. forward, ¼ turn L (Weight on L) 3:00

[17-24] RIGHT & LEFT STEP TOUCH ON DIAGONALS, R. ROCKING CHAIR

1-2 R. diagonal Step forward (4:00), Touch L. next to R.
3-4 L. diagonal Step forward (2:00), Touch R. next to L.
5-8 Rocking Chair (= Rock R. forward, Recover, Rock R. Back, recover)

[25-32] R SIDE MAMBO, L SIDE MAMBO, R SIDE ROCK, R BACK ROCK

1&2 R Mambo to the side (= R Rock to R side, Recover on L., Step R. next to L)
3&4 L Mambo to the side (= L Rock to L side, Recover on R., Step L. next to R)
5-6 Rock R to R side with hip movement, Recover on L.
7-8 Rock R back. Recover on L.

Restart here on wall 5

[33-40] R ROCK FW, BACK R. SHUFFLE, L BACK ROCK, FW L. SHUFFLE

1-2 Rock R. forward, Recover on L.
3&4 R. back shuffle (= Step back R, Step L. next to R., Step back R.)
5-6 Rock L back, Recover on R.
7&8 L. shuffle forward (= Step forward L, Step R. next to L., Step forward L)

[41-48] R. SIDE STEP, TOUCH, L SIDE STEP, TOUCH, R. JAZZ BOX

1-2 Step R. to R. side, Touch L. next to R.
3-4 Step L. to L. side, Touch R. next to L.
5-6 Cross R. in front of L., Step L back
7-8 Step R. to R. side, Step L forward

VERSION FOR NOVICES :

[1-8] R. & L STEPS FW. KICK BALL CROSS. R SIDE ROCK, ¼ TURN L, R MAMBO FW

1-2 R. Step forward, L. Step forward

- 3&4 R Kick forward to the diagonal (13:00), R. Step next to L., Cross L in front of R.
- 5-6 Rock R. to R. Side, Recover on L with a ¼ turn L 9:00
- 7&8 R. Mambo forward (= Rock R. forward, Recover on L, R. small back Step

[9-16] L. BACK , R. BACK, L. COASTER STEP, ¼ TURN L, ¼ TURN L

- 1-2 Step L back, Step R back
- 3&4 L. Coaster Step (= step back L, step R next to L, step forward L)
- 5-6 Step R. forward, ¼ turn L (Weight on L) 6:00
- 7-8 Step R. forward, ¼ turn L (Weight on L) 3:00

[17-24] RIGHT & LEFT DIAGONAL SHUFFLE FW, R MAMBO FW, L MAMBO BW

- 1&2 R diagonal Shuffle Forward (4:00)
- 3&4 L diagonal Shuffle Forward (2:00)
- 5&6 – 7&8 R. Mambo forward, L Back Mambo

[25-32] R SIDE MAMBO, L SIDE MAMBO, R SIDE ROCK, R BACK ROCK

- 1&2 R side Mambo (variation: R. Cross mambo)
- 3&4 L side Mambo (variation: L. Cross mambo)
- 5-6 Rock R to R side with hip movement, Recover on L.
- 7-8 Rock R back. Recover on L.

Restart here on wall 5

[33-40] ¼ STEP TURN L, CROSS TRIPLE, L SIDE ROCK (diagonal), BEHIND-SIDE-CROSS

- 1-2 Step R. Forward, ¼ turn Left 12:00
- 3&4 Cross shuffle (= Cross R in front of L., Step L to L side, Cross R in front of L.)
- 5-6 Rock L on the L Diagonal Fw with hip movement, Recover on R.
- 7&8 Cross L behind R, Step R to R side, Cross L in front of R.

[41-48] R. SIDE ROCK, BEHIND, SIDE, R JAZZ BOX WITH A ¼ TURN R.

- 1-2 Rock R on the R Diagonal Fw with hip movement, Recover on L.
- 3-4 Cross R behind L, Step L on L side
- 5-6 Cross R in front of L, L. back Step
- 7-8 ¼ turn R with R step on R side, Step L Forward 3:00

***1 RESTART : On wall 5, Restart the dance after 32 counts**

****2 REPEAT : At the end of wall 4 & 6, Repeat the last 16 counts. Then start the dance from the beginning.**

REPEAT & ENJOY YOUR DANCE

Convention :

R = Right :: L = Left :: FW = Forward

RF = Right Foot :: LF = Left Foot :: BW = Backward

CCW = ClockWise H : Hand