Back To Your Arms



拍数: 32 墙数: 4 级数: Improver Country

编舞者: Christina Yang (KOR) - July 2019 音乐: Sea of Heartbreak - Anne Murray



Start the dance after 16 counts

SECTION 1: SIDE, JAZZ BOX, CROSS, SIDE, BACK ROCK, RECOVER, SIDE, 1/4 TURN TO L WITH BACK ROCK, RECOVER

1-2 RF side, LF cross over RF

3&4 RF backward, LF side, RF cross over LF5-6& LF side, RF cross rock behind LF, LF recover

7-8& RF side, 1/4 turn to L with LF cross rock behind RF, RF recover

SECTION 2: FORWARD, ROCKING CHAIR, FORWARD, KICK, BACKWARD, COASTER STEP

1 LF forward

2&3& RF forward rock, LF recover, RF backward rock, LF recover

4-6 RF forward, LF forward kick, LF backward 7&8 RF backward, LF closed RF, RF forward

SECTION 3: 1/2 TURN TO R WITH CHASE TURN, FULL TURN TO L, FORWARD, 1/4 TURN TO R WITH PIVOT TURN, CROSS, SIDE

1-3 LF forward, 1/2 turn to R with weight change to RF, LF forward

4&5 1/2 turn to L with RF backward, 1/2 turn to L with LF forward, RF forward

6-7 LF forward, 1/4 turn to R with RF side

8& LF cross over RF, RF side

SECTION 4: CROSS BEHIND, SIDE, CROSS SHUFFLE WITH SWEEP, CROSS, 1/4 TURN TO R WITH BACKWARD, SIDE, CROSS ROCK, RECOVER, SIDE, CROSS ROCK, RECOVER

1&2& LF cross behind RF, RF side, LF cross over RF, RF side

3-4&5 LF cross over RF and RF sweep from back to front, RF cross, 1/4 turn to R with LF

backward, RF side

6&7 LF cross rock over RF, RF recover, LF side

8& RF cross rock over LF, LF recover

NO TAG, NO RESTART

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https://www.facebook.com/christina.yang.148553 https://www.youtube.com/c/ChristinaYangLinedance

Last Update - 2 Aug 2019