

EZ Git Up

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Debbie Small (USA) - July 2019
音乐: The Git Up - Blanco Brown



Intro: 32 Counts

STEP TOUCH FORWARD 3X, LARGE STEP DRAG BACK

1-2 Step Left Diagonally Forward, Touch Right Next to Left
3-4 Step Right Diagonally Forward, Touch Left Next to Right
5-6 Step Left Diagonally Forward, Touch Right Next to Left
7-8 Large Step Right Diagonally Back, Drag Left Next to Right

TRIPLE SIDE, CROSS ROCK, TRIPLE SIDE, CROSS ROCK

1&2 Step Left Side, Step Right Together, Step Left Side
3-4 Rock Right Over Left, Recover Left
5&6 Step Right Side, Step Left Together, Step Right Side
7-8 Rock Left Over Right, Recover Right

LINDY 1/4 RIGHT, WALK FORWARD 2X, TOUCH SIDE, HITCH

1&2 Step Left Side, Step Right Together, Step Left Side
3-4 Turn 1/4 Right and Rock Right Back, Recover Left (3:00)
5-6 Step Right Forward, Step Left Forward
7-8 Touch Right Side, Hitch Right

Optional Arm Movements on Chorus Lyrics ("take a sip"): Reach Right Arm Side and Grab a Cup (Count 7),
Take a Sip (Count 8)

WALK BACK 3X, HITCH, STEP TOUCH, STEP HITCH

1-2 Step Back Right, Step Back Left
3-4 Step Back Right, Hitch Left (Lean Slightly Back and Angle Body Slightly Right)
5-6 Step Left Diagonally Forward, Touch Right Next to Left
7-8 Step Right Diagonally Back (Lean Slightly Back and Angle Body Slightly Right), Hitch Left

Repeat

Contact: Debdancinabc@yahoo.com