

Macarena Mambo AB

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Heidi Cronjé (SA) - July 2019
音乐: Macarena Mambo - Robbie Wessels : (3:07)



Intro: 24 counts

SECTION 1: WALK FWD X 4, STEP, HEEL, STEP, HEEL

1-4 Walk fwd R, L, R, L
5-6 Step R side, Touch L heel fwd L diagonally
7-8 Step L side, Touch R heel fwd R diagonally

SECTION 2: WALK BACK X 4, STEP, KICK, STEP, KICK

1-4 Walk back R, L, R, L
5-6 Step R side, Kick L fwd L diagonally
7-8 Step L side, Kick R fwd R diagonally

SECTION 3: R VINE, HITCH, 1/4 L VINE, SCUFF

1-4 Step R side, Step L behind R, Step R side, Hitch L
5-8 Step L side, Step R behind L, Turn 1/4 L and step L fwd, Scuff R fwd

SECTION 4: ROCKING CHAIR, STEP, HEEL, TOES, STOMP

1-4 Rock R fwd, Recover L, Rock R back, Recover L
5-6 Step R side, Touch L heel fwd L diagonally
7-8 Touch L toes back L diagonally, Stomp L next to R

Start Again. Have fun and Enjoy!

Ending (optional): Facing 06:00 wall, after section 4, count 4 (Rocking chair)
Step R fwd, 1/2 pivot turn L and stomp L fwd

Note: The dance is meant for people whom just started with line dancing.
Resist the urge to restart or adding tags during the dance.

Another dance called Macarena Mambo 2 is choreographed with tags and restarts and is categorised as a high beginner level.

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