

Manic Monday

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Andrico Yusran (INA) & Lucy Sujadi (INA) - July 2019
音乐: Manic Monday - The Bangles



Tag : 4 counts after walls 3 - 6
Restart : On wall 8 after 28 counts

Start Dance after Intro music 36 counts

S1# GRAPEVINE (R - L)

1-2-3-4 Step R to side , L cross behind R , R to side , L touch beside R
5-6-7-8 Step L to side , R cross behind L , L to side , R touch beside L

S2# WALK - FORWARD LOCK SHUFFLE - ROCKING CHAIR

1-2 Step R - L forward
3&4 Step R forward , L cross behind R , R forward
5-6 Step L forward , R in place
7-8 Step L back , R in place

S3# PIVOT 1/4 - WEAVE - CROSS - SIDE TOUCH

1-2 Step L forward 1/4 turn to R , R in place
3-4 Step L cross over R , R to side
5-6 Step L cross behind R , R side touch
7-8 Step R cross touch over L , R side touch

S4# CROSS - SIDE TOUCH - CROSS SHUFFLE - SIDE TOUCH - CLOSE TOUCH - SIDE TOUCH - CLOSE TOUCH

1-2 Step R cross over L , L side touch
3&4 Step L cross over R , R to side , L cross over R

(Restart here on 8)

5-6 Step R to side touch , R close touch beside L
7-8 Step R to side touch , R close touch beside L

TAG: 4 COUNTS

SIDE - KICK - SIDE - TOUCH

1-2 Step R to side , L kick forward
3-4 Step L side , R close touch beside L

Enjoy The Dance

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Last Update - 24 July 2019 -R2