

Put The Hurt On Me

COPPER KNOB
STEPSHEETS

拍数: 28 墙数: 4 级数: Intermediate
编舞者: Christopher Gonzalez (USA) - June 2019
音乐: Put the Hurt on Me - Midland



#32-ct intro

Music link: <https://open.spotify.com/track/7aAgTCFiCSN9ZSbOYoTnam>

Notes 4-count tag on wall 1 after 28 counts facing 9:00 (after first verse) and wall 7 after 16 counts facing 3:00 (after bridge before final chorus), restart on wall 3 facing 3:00 after 16 counts (after instrumental before 2nd verse), ending to front wall

Thanks!! So much love and appreciation for invaluable feedback from Mr. Darren Bailey before his one of his major world teaching tours, Megan Barsuglia for helping me to work out yet another dance's second half in yet another parking lot after business hours have ended, and Liya Levanda for watching demos of multiple drafts and hearing the song probably more than she would have expected; 300ish listens later and I think it may actually be done!

[1-8] Syncopated Lock Step into Out-Out-and-Cross, Step Back, Rock, Recover, First Half of Full Turn 6:00

1, 2& Step L forward (1), step R behind L (2), step L to side (&), 12:00
3&4 Step R to side (3), step L slightly back (&), step R across L (4) 12:00
5, 6 Step L back (5), rock R back (6) 12:00
7, 8 Recover L (7), turn 1/2 L and step R back (8) :: Non-turning option: Step R forward (8) 6:00

[9-16&] Second Half of Full Turn, Rock-Recover w/ 1/4 Turn, Crossing Triple, Side Rock-Recover-Step x2 9:00

1, 2& Turn 1/2 L and step L forward (1), turn 1/4 L and rock R to side (2), recover L (&) :: Non-turning option: Step L forward (1) 9:00
3&4 Step R across L (3), step L slightly L (&), step R across L (4) 9:00
5, 6& Rock L to side (5), recover R (6), step L together (&) 9:00
7, 8& Rock R to side (7), recover L (8), step R together (&) :: On Wall 3 -- RESTART, On Wall 7 -- TAG 9:00

[17-24] Rock, Sweep w/ Turn, Sailor Turn, Step, 1/2 Turn, Step, 1/2 Turn 9:00

1, 2 Rock L forward (1), recover R and sweep L front to back while turning 1/4 L (2) 6:00
3&4 Step L behind R (3), step R together (&), turn 1/4 L and step L forward (4) 9:00
5, 6 Step R forward (5), turn 1/2 L and shift weight L (6) 3:00
7, 8 Step R forward (7), turn 1/2 L and shift weight L (8) 9:00

[25-28] Forward Triple, Step, 1/2 Turn 3:00

1&2 Step R forward (1), step L together (&), step R forward (2) 9:00
3, 4 Step L forward (3), turn 1/2 R and shift weight R (4) :: 3:00

On Wall 1 -- TAG

*3□, 4□, 1□: Ending: Turn 1/2 R and step L back (3), turn 1/2 R and step R forward (4), step L forward (1) 12:00

T[1-4] Tag: Rocking Chair

1, 2 Step L forward (1), recover R (2)
3, 4 Step L back (3), recover R (4)

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