

Afro Dreams

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 2 级数: Beginner
编舞者: Angéline Fourmage (FR) - July 2019
音乐: Afro Dreams - Aquadrop



Start : 32 counts (15s approximately) 2 Tag
Sequence : A-A-Tag-A-A-A-Tag-A-A-A-A

[1-8] Walk, Walk, Triple-Step, Rock-Step, Triple-Step

1-2 RF FW, LF FW
3&4 RF FW, LF next to RF, RF FW
5-6 LF FW, Recover to RF
7&8 LF Back, RF next to LF, LF Back

[9-16] Triple-Step, Rock-Step, Step Turn ½ R, Rock-Step

1&2 Rock Back, LF next to RF, RF Back
3-4 LF Back, Recover to RF
5-6 LF FW, Turn ½ R
7-8 LF FW, Recover to RF

[17-24] Stomp, Hip Rollsx3, Hitch, Stomp, Hip Rollsx3, Hitch

1-2-3-4 Stomp LF to L side make full circles with hips clockwisex3, Hitch R knee on count 4
5-6-7-8 Stomp RF to L side make full circles with hips anti-clockwisex3, Hitch L knee on count 8

[25-32] Rock-Step, Coaster-Step, Heel, Touch, Step, Together

1-2 LF FW, Recover to RF
3&4 LF Back, RF next to LF, LF FW
5-6 Touch R Heel FW, Touch RF next to LF
7-8 RF to R side, LF next to RF

Tag (4 counts)

[1-4] Chassé R, Chassé L

1&2 Chassé R (RF to R side, LF next to RF, RF to R side) with hands up to the R side
3&4 Chassé L (LF to L side, RF next to LF, LF to L side) with hands up to the L side

NOTA : RF = Right Foot, LF = Left Foot, FW = Forward

Smile and enjoy the dance

Contact : maellynedance@gmail.com