

Country In My DNA

拍数: 64 墙数: 2 级数: Improver
编舞者: Merete Louise Østberg (DK) - July 2019
音乐: Raised on Country - Chris Young : (Single)



#16 count intro

Section 1: R side touch, L side touch, R scissor step, L side touch, R side touch, L scissor step

1&2& Step right to right side, Touch left next to right, Step left to left side, Touch right next to left
3&4 Step right to right side, Close left behind right, Cross right over left
5&6& Step left to left side, Touch right next to left, Step right to right side, Touch left next to right
7&8 Step left to left side, Close right behind left, Cross left over right

Section 2: R side touches, Behind side cross, L side touches, Behind side cross

1&2 Touch right to right side, Touch right together, Touch right to right side
3&4 Cross right behind left, Step left to left side, Cross right over left
5&6 Touch left to left side, Touch left together, Touch left to left side
7&8 Cross left behind right, Step right to right side, Cross left over right

****Restart here during wall 3 (facing 12 o'clock)****

Section 3: R Step lock step scuff, L Step lock step scuff, R Step fwd., ¼ turn L with hook, L step fwd., ¼ turn L with hitch, R Chasse

1&2& Step right forward, Step left behind right, Step right forward, Scuff left forward
2&3& Step left forward, Step right behind left, Step left forward, Scuff right forward
5&6& Step right forward, Make a ¼ turn left and hook left, Step left forward, Make a ¼ turn left and hitch right
7&8 Step right to right side, Close left next to right, Step right to right side

Section 4: 2 x vaudevilles, L Mambo forward, R Coaster step

1&2& Cross left over right, Right to right side, Touch left heel forward to left diagonal, Close left to right
3&4& Cross right over left, Left to left side, Touch right heel forward to right diagonal, Close right to left
5&6 Rock forward on left, Recover on right, Step left slightly back
7&8 Back on right, close left to right, Step forward on right

Section 5: Stomp L, Stomp R, Hip bumps, Rhumba box forward, Rhumba box back

1 2 Stomp to left side slightly make a right hitch, Stomp to right side slightly make a left hitch
3&4 Bump hips left-right-left
5&6 Step right to right side, Step left next to right, Step right forward
7&8 Step left to the left side, Step right next to left, Step left back

Section 6: R Back lock back, L Coaster step, 2 x sugarfoot stomp

1&2 Step back on right, Step left forward right, Step back on right
3&4 Step back on left, Step right next to left, Step left forward
5&6 Touch right toe to left instep (heel out), Touch right heel to instep (toe out), Stomp right forward
7&8 Touch left toe to right instep (heel out), Touch left heel to instep (toe out), Stomp left forward

Section 7: R Side behind ¼ turn, L Step ¼ cross, R Side behind ¼ turn, L Step ¼ cross

1&2 Step right to right side, Cross left behind right, Turn ¼ right stepping forward on right
3&4 Step forward on left, Pivot ¼ right, Cross left over right
5&6 Step right to right side, Cross left behind right, Turn ¼ right stepping forward on right

7&8 Step forward on left, Pivot $\frac{1}{4}$ right, Cross left over right

Section 8: K shuffle

1&2& Turn $\frac{1}{8}$ Left stepping right to right side (1:30), Step left together, Step right to right, Touch left beside right

3&4& Body still facing 1:30 - Step left to left side, Step right together, Step left to left, Touch right beside left

5&6& Turn $\frac{1}{4}$ right stepping right back on right diagonal (4:30), Step left together, Step right to right side, touch left beside right

7&8 Body still facing 4:30 – Step left to left side, Step right together, Step left to left as You square up to 12:00

Restart during wall 3 after section 2, facing 12 o'clock

Ending: Dance finishes during wall 4 (count 36) ... to end with music Step right to right side on count 37 – Ta daa!
