

# Put The Hurt On Me

**COPPER** KNOB  
BY STEPHEN B. T. C.

拍数: 32      墙数: 4      级数: Improver  
编舞者: Denisse Delgado (MEX) - July 2019  
音乐: Put the Hurt on Me - Midland



## **CROSS ROCK, RECOVER, CHA CHA R, SWAY L&R, LF BACK, CROSS RF, STEP LF SIDE**

1, 2      Cross RF over L, Recover LF  
3&4      Step RF to side, LF next to right, Step RF to side  
5, 6      Hip to the left, Hip to the right  
7&8      LF behind, Cross RF over left, Step LF to side

## **ROCK, RECOVER, CHA CHA R, ¼ TURN TO R and STEP LF, ½ TURN TO R, POINT LF FORWARD, HOLD**

1, 2      Rock RF back, Recover LF  
3&4      Step RF to side, LF next to right, Step RF to side  
5, 6      ¼ turn to R and Step LF forward, ½ turn to R (9:00)  
7, 8      Point LF forward, Hold

## **BALL CHANGE, ROCK RF FORWARD, RECOVER LF, STEP RF BACK, SAILOR ¼, STEP RF FORWARD, ½ TURN TO L**

& 1,2      Step RF forward, Step LF forward, Rock RF forward  
3, 4      Recover LF, Step RF Back  
5&6      ¼ turn to L and Cross right behind left, step left to side, step right to side  
7, 8      Step right foot forward, ½ turn to Left

## **¼ TURN TO L, STEP RF, SLIDE LF, ROCK LF BACK, CROSS RL, STEP LF TO SIDE, SWAY R&L, ROCK, RECOVER**

1, 2      ¼ turn to L and Step right foot to side, Slide with right foot  
&3,4      Rock LF bak, Cross RF over L, Step LF to side  
5,6      Hip to the right, Hip to the left  
7, 8      Rock RF back, Recover LF

## **TAG: 2nd wall after 4th section: SHUFFLE FORWARD RF, ROCK LF, RECOVER RF, SHUFFLE BACK LF, ROCK RF RECOVER LF, ½ TURN TO L, ½ TURN TO L**

Enjoy it!!

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