

Dance With Me

拍数: 64 墙数: 4 级数: Improver
编舞者: Greywolf (NL) & Wiya Wambli (NL) - July 2019
音乐: Come Dance With Me - Nancy Hays



Alt. music: Josh Turner – Why Don't We Just Dance (122 bpm)

HIP SWAYS, ROCK STEP, SHUFFLE ½ TURN RIGHT

1-4 RF step right and hip Right-Left-Right-Left
5-6 RF rock forward - Weight back on LF
7&8 ¼ R, RF step right & LF next to RF & ¼ R, RF step forward (6)

HIP SWAYS, ROCK STEP, SHUFFLE ½ TURN LEFT

9-12 LF step left and hip Left-Right-Left-Right
13-14 LF rock forward - Weight back on RF
15&16 ¼ L, LF step left & RF next to LF & ¼ L-, LF step forward (12)

HEEL SWITCHES, HEEL, HEEL, HEEL SWITCHES, HEEL, HEEL

17& RF heel forward & RF next to LF
18& LF heel forward & LF next to RF
19-20 RF heel forward - RF heel forward
&21 & RF next to LF - LF heel forward
&22 LF next to RF - RF heel forward
&23 & RF next to LF - LF heel forward
24& LF heel forward & LF next to RF

SIDE, TOUCH & CLAP 4X

25-26 RF big step right - LF touch next to RF and clap
27-28 LF big step left - RF touch next to LF and clap
29-30 RF big step right - LF touch next to RF and clap
31-32 LF big step left - RF touch next to LF and clap

SHUFFLES FORWARD, ¼ TURN R, SHUFFLES FORWARD, ¼ TURN R SHUFFLES FORWARD, ¼ TURN R SHUFFLES FORWARD

33&34 Shuffle forward R-L-R
35&36 Shuffle forward L-R-L
37&38 ¼ R, Shuffle forward R-L-R (3)
39&40 Shuffle forward L-R-L
41&42 ¼ R, Shuffle forward R-L-R (6)
43&44 Shuffle forward L-R-L
45&46 ¼ R, Shuffle forward R-L-R (9)
47&48 Shuffle forward L-R-L

SIDE ROCKS IN ½ TURN LEFT

49-50 RF rock right - Weight back on LF} 1/2
51-52 RF rock right - Weight back on LF} turn
53-54 RF rock right - Weight back on LF} Left
55-56 RF rock right - Weight back on LF} (3)

KICK-BALL-POINT, WALK, WALK, KICK-BALL-POINT, WALK, WALK

57 RF kick forward
& RF step next to LF

58 LF point toe left
59 LF step forward
60 RF step forward
61 LF kick forward
& LF step next to RF
62 RF point toe right
63 RF step forward
64 LF step forward

Site: www.wiyawoelfdance.com
