

Put Me In Coach

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Ken Fowkes (USA) - July 2019
音乐: Centerfield - John Fogerty



Intro: 16 counts (6 sec. into track), Weight on L

[1 – 8] Walk, Walk, ¼ Side, Hold, Behind, Side Rock, Recover, Behind

1 - 4 Step R fw (1), Step L fw (2), Turn ¼ left and step R to right side (3), Hold (4) 9:00
5 - 8 Cross L behind R (5), Rock R to right side (6), Recover to L (7), Cross R behind L (8) 9:00

[9 – 16] ¼ Left, ¼ Left Hitch, Side Rock, Recover, Cross, Hold, Unwind ½, ¼ Left Hitch

1 - 4 Turn ¼ left and step L fw (1), Turn ¼ left and hitch R (2), Rock R to right side (3), Recover to L (4) 3:00
5 - 8 Cross R over L (5), Hold (6), Unwind ½ turn left onto L (7), Turn ¼ left and hitch R (8) 6:00

[17- 24] Walk, Walk, ¼ Side, Hold, Behind, Side Rock, Recover, Behind

1 - 4 Step R fw (1), Step L fw (2), Turn ¼ left and step R to right side (3), Hold (4) 3:00
5 - 8 Cross L behind (5), Rock R to right side (6), Recover to L (7), Cross R behind (8) 3:00

[25 – 32] (¼ Left, Hitch) x 3, Fw, Hold

1 - 4 Turn ¼ left and step L fw (1), Hitch R (2), Turn ¼ L and step R next to L (3), Hitch L (4) 9:00
5 - 8 Turn ¼ left and step L fw (5), Hitch R (6), Step R fw (7), Hold (8) 6:00

[33-40] Fw, Hold, ½ Right, Hold, Point L, Cross, Point R, Hitch R

1 - 4 Step L fw (1), Hold (2), Turn ½ right onto R (3), Hold (4) 12:00
5 - 8 Point L to left side (5), Cross L in front (6), Point R to right side (7), Hitch R (8) 12:00

***Restart here on Wall 8**

[41-48] Cross, Side, Heel, Step, Hitch, ¼ Left, ¼ Left Hitch, Hold

1 - 4 Cross R in front of L (1), Step L to left side (2), Touch R heel to right side (3), Step R down (4) 12:00
5 - 8 Hitch L to prep for left turn (5), Turn ¼ left stepping L fw (6), Turn ¼ left hitching R (7), Hold (8) 6:00

***Styling option for counts 5-8, esp. wall 7: Move as if swinging a bat. Ball contact on count 7.**

[49-56] Shuffle Right, Touch, Shuffle Left, ¼ Left Hitch

1 - 4 Step R to right side (1), Step L next to R (2), Step R to right side (3), Touch L next to R (4) 6:00
5 - 8 Step L to left side (5), Step R next to L (6), Step L to left side (7), Turn ¼ left hitching R (8) 3:00

***Restart here on Walls 1, 3, 5, and 6**

[57-64] Shuffle Right, Touch, Shuffle Left, ¼ L Hitch

1 - 4 Step R to right side (1), Step L next to R (2), Step R to right side (3), Touch L next to R (4) 3:00
5 - 8 Step L to left side (5), Step R next to L (6), Step L to left side (7), Turn ¼ left hitching R (8) 12:00

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