

AB Every Girl

COPPER KNOB
STEPPERS

拍数: 32 墙数: 1 级数: Absolute Beginner
编舞者: Janet Cummings (USA) - July 2019
音乐: Every Girl in This Town - Trisha Yearwood



Intro: 16 Counts - 1 Tag/Restart

SECTION 1: R FORWARD STEP, LOCK, STEP, TOUCH; LEFT VINE, TOUCH

1, 2, 3, 4 R Step Forward, L Lock/Step Close Behind, R Step Forward, L Touch
5, 6, 7, 8 L Step to Side, R Step Behind, L Step to Side, R Touch

SECTION 2: R BACK STEP, LOCK, STEP, TOUCH; LEFT WEAVE, TOUCH

1, 2, 3, 4 R Step Back, L Lock/Step in Front, R Step Back, L Touch
5, 6, 7, 8 L Cross Over R, R Step to Side, L Step Behind, R Touch

SECTION 3: R SIDE, ROCK, CROSS, HOLD; L SIDE, ROCK, CROSS, HOLD

1, 2, 3, 4 R Rock to Side, L Recover, R Cross Over L, Hold for 1 Count (no movement)
5, 6, 7, 8 L Rock to Side, R Recover, L Cross Over R, Hold for 1 Count (no movement)

SECTION 4: R ROCKING CHAIR, CORNER SWAYS

1, 2, 3, 4 R Rock Forward, L Recover, R Rock Back, L Recover
5, 6, 7, 8 R Forward Diagonal Sway to Corner, Sway Back to Center, R Back Diagonal Sway to Corner, Sway Forward to Center

TAG: JAZZ BOX...With weight on L Cross R over L, Step L Back, Step R to Side, Step L Forward

****The TAG is a Jazzbox done in the Fourth Repetition/Pattern if you will. It is done After the first 16 Counts in the Second Section, with an immediate Restart after the 4 Counts. Since we are not moving off one wall, attention to direction isn't necessary.**

NOTE TO DANCERS AND INSTRUCTORS: If dancers have been following my series, I don't think there will be a problem with this little Tag. However, I would not make this my first AB dance.

*****New Steps Today are: Side Rock Cross, Hold, Tag, Restart.**

Studies have shown that Dance enhances Physical and Mental Health. Lord, keep us moving in a most positive direction. Amen.