

I'm Mr. Lonely

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Novice
编舞者: Janet Cummings (USA) - July 2019
音乐: Mr. Lonely - Midland



Intro: 32 Counts

***Alternate Slower Song Choice: Days of Thunder, (Bpm 122) Brooks and Dunn
No Tags or Restarts

SECTION 1: R HEEL TAP FORWARD, RETURN, SIDE ROCK, RECOVER; KICK, BALL, CHANGE; STEP BACK, TOUCH

1, 2, 3, 4 R Heel Tap Forward, Tap to Center, R Side Rock, L Recover

5, 6, 7, 8 R Kick, Ball, Change, Step Back on R, Touch L

SECTION 2: L HEEL TAP FORWARD, RETURN, SIDE ROCK, RECOVER; KICK, BALL, CHANGE, STEP FORWARD, TOUCH

1, 2, 3, 4 L Heel Tap Forward, Tap to Center, L Side Rock, R Recover

5, 6, 7, 8 L Kick, Ball, Change, Step Forward on L, Touch R

SECTION 3: ¼ LEFT TURN, STEP R, L DIAGONAL HEEL TAP FORWARD, TOE TO CENTER, HEEL DIAGONAL FORWARD; ¼ LEFT TURN, STEP L, R HEEL TAP DIAGONAL FORWARD, TOE TO CENTER, HEEL DIAGONAL FORWARD

& 1, 2, 3, 4 On Ball of L Foot, Turn ¼ Left (&), Step R; Tap L Heel Diagonally Forward, Tap Toe To Center, Tap L Heel Diagonally Forward

& 5, 6, 7, 8 On Ball of R Foot Turn ¼ Left (&), Step L; Tap R Heel Diagonally Forward, Tap Toe to Center, Tap R Heel Diagonally Forward

SECTION 4: ¼ L TURN, VINE RIGHT, ROLLING VINE LEFT

& 1, 2, 3, 4 ¼ Turn Left (&), R Step to Side, L Step Behind, R Step to Side, L Touch

5, 6, 7, 8 L Step to Side Turning ¼ Left, R Step Back Turning ½ Left, L Step Back Turning ¼ Left, R Touch

Thank you Cathy Gillette for the song suggestion, I think the class will love it!

Dance... for physical and mental health! May God guide us each step of the way.

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