

Strip That Down

拍数: 32 墙数: 4 级数: Improver
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音乐: Strip That Down (feat. Quavo) - Liam Payne



No Tags, 1 Restart Wall 4 after 16 Counts -- Intro: 16 counts

Heel grind coaster Step Heel Grind ¼ Turn coaster step, R Heel Grind, R Coaster, L Heel Grind ¼ Turn L, L Coaster

1 - 2 Right heel grind, recover left
3 & 4 Step back R, step L next to R, step fwd R
5 - 6 Left heel grind ¼ turn left, recover right
7 & 8 Step back L, step R next to L, step fwd L

Rock Step, Recover, R Shuffle Back, ½ Turn Left, ¼ Turn Left, Behind Side Cross

1 - 2 Rock fwd R, recover back L
3 & 4 Step back on R, step L next to R, step back on R
5 - 6 Make 1/2 turn Left stepping forward on Left toe, Make 1/4 turn Left stepping side on Right toe
7 & 8 Cross left behind right, step right to right side, cross left over right

Side rock, & Side Hold, & side Hold, & Side Touch

1 - 2 Rock right to right side, recover weight onto left
& 3-4 Step R next to L, Step Side L, Hold with Snap
& 5-6 Step R next to L, Step Side L, Hold with Snap
& 7-8 Step R next to L, Step Side L, touch L next to R

Sway, Sway, Right Chasse, Cross, Side, Sailor ¼ turn

1 - 2 Step right to right side swaying hips right, rock weight onto left swaying hips left
3 & 4 Step right to right side, close left at side of right, step right to right side
5 - 6 Cross L over R, step R to R side
7 & 8 Cross L behind R, turn ¼ L stepping R next to L, step fwd on L

Finish:after wall 11 make Pivot 1/2 Turn

1 - 2 Step forward right. Make ½ turn left onto L

Have fun an keep your smile

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