

Just Me & My Baby

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Improver / Intermediate - Country
编舞者: Martine Canonne (FR) - June 2019
音乐: The Room At the Top of the Stairs - Eddie Rabbitt : (Album : Variations)



Start : 16 counts - NO TAG NO RESTART

[1 – 8] : SIDE L, TOGETHER, CHASSÉ L, CROSS ROCK, CHASSÉ ¼ R

- 1 – 2 Step LF to L side, step RF next to LF
- 3 & 4 Step LF to L side, step RF next to LF, step LF to L side
- 5 – 6 Cross RF over LF, recover onto LF
- 7 & 8 Step RF to R side, step LF next to RF, turn ¼ right stepping RF forward (03:00)

[9 – 16] : STEP TURN, TRIPLE FULL TURN, STEP R, LOCK L, TRIPLE FWD

- 1 – 2 Step LF forward, turn ½ R (weight RF) (09:00)
- 3 & 4 Turn ½ right stepping LF back, turn ½ right stepping RF forward, step LF forward (09:00)

(Easy Option : triple step LF forward)

- 5 – 6 Step RF forward, lock LF behind RF
- 7 & 8 Step RF forward, lock LF behind RF, step RF forward

[17 – 24] : PRESSY L, SWEEP R, CROSS & CROSS, PIVOT ¼ R, PIVOT ½ R, TRIPLE ½ R

- 1 – 2 Step LF slightly across RF, sweep RF from back to front
- 3 & 4 Cross RF over LF, step LF to L side, cross RF over LF
- 5 – 6 Turn ¼ right stepping LF back, turn ½ right stepping RF forward (06:00)

(Easy Option : Turn ¼ right stepping LF back, step RF next to LF – 12:00)

- 7 & 8 Turn ¼ right stepping LF to L side, step RF next to LF, turn ¼ right stepping LF back (12:00)

(Easy Option: triple back right (12:00))

[25 – 32] : BACK R, POINT L, SWEEP/ SAILOR ½ CROSS, SIDE ROCK ¼ L, TRIPLE ½ L (& TURN ¼ L)

- 1 – 2 Step RF back, touch toe LF to L side
- 3 & 4 Make sweep LF from front to back & turn ¼ left stepping LF behind RF, turn ¼ left stepping RF to R side, cross LF over RF (06:00)
- 5 – 6 Step RF to R side, recover onto LF with turn ¼ left (03:00)
- 7 & 8 Turn ¼ left stepping RF to R side, step LF next to RF, turn ¼ left stepping RF back (09:00)

(Easy Option for accounts 5 to 8 : Step RF to R side (5), recover onto LF (6), cross RF over LF (7), step LF to L side (&), cross RF over LF (8))

(1) Make turn ¼ left to start the dance again on account 1 face 06:00

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