You Get Me High

拍数: 32

级数: Intermediate

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音乐: Your Love Is the Drug - The Road Hammers

Sect 1: SKATE, SKATE, SKATE, OUT, IN, CROSS, SIDE STEP, SLIDE, KICK BALL CROSS

- 1 2 Slide R foot forward and slightly to side in small curve - Slide L foot forward and slightly to side in small curve
- 3 & 4 & Slide R foot forward and slightly to side in small curve - Step to side L - Step R back to center - Cross L in front of R
- Big side step R Slide L foot next to R 5 - 6
- 7 & 8 Kick L slightly diagonal forward – Step on ball of L foot – Cross R in front of L

Sect 2: SIDE STEP, SLIDE TOGETHER, SIDE STEP, ¼ TURN TOGETHER, STEP FORWARD, SIDE STEP, SLIDE TOGETHER, SIDE STEP, TOGETHER, STEP FORWARD

- 1 2 Big side step L – Slide R next to L and but weight on R
- 3 & 4 Step to side L – ¼ Turn right step R next to L – Step L forward

Restart in 7th wall

- Big side step R Slide L next to L and but weight on L 5 - 6
- 7 & 8 Step to side R – Step L next to R – Step forward R

Sect 3: STOMP, HEEL BOUNCE, STOMP, HEEL BOUNCE, CROSS, SIDE ROCK, CROSS, SIDE ROCK

- 1&2 Stomp L forward – raise L heel up – Drop L heel and put weight on L
- 3&4 Stomp R forward – raise R heel up – Drop R heel, weight stays on L
- 5&6 Cross R in front of L – Side rock L – Recover R
- Cross L in front of R Side rock R Recover L 7 & 8

Sect 4: ½ STEP TURN, MAMBO STEP, POINT, STEP BACK, POINT, STEP BACK, COASTER STEP

- 1 2 Step forward R – 1/2 Turn left and put weight on L
- 3&4 Rock forward R – Recover L – Step back R
- & 5 & 6 Point L to side – Step Back L – Point R to side – Step back R
- 7 & 8 Step back L – Step R next to L – Step forward L

Enjoy the dance!





墙数: 4