

# Hold Me While You Wait

COPPER KNOB  
BY STEPHEN

拍数: 72                      墙数: 2                      级数: Phrased High Intermediate  
编舞者: Travis Taylor (AUS) - July 2019  
音乐: Hold Me While You Wait - Lewis Capaldi



SEQUENCE: AABBC TAG ABCC BB CCC

Intro: 8 Counts

## PART A: 24 counts

1-2&3-4            Step R to R side, Step L behind R, Step R to R side, Cross L over R, Step R to R side  
5-6 7-8            Rock L back towards 10:30, Hold, Replace weight on R, 1/2 R Stepping L back (4:30)

1-2 3-4            1/2 R Stepping R fwd, Hold (10:30) Run fwd L, R (10:30)  
5-6 7-8            Rock L fwd, Hold, Step/Replace weight on R, Step L back

1-2 3-4            Rock R back, Hold, Replace weight on L, 1/2 L Stepping R back (4:30)  
5-6 7&8            Rock L back, Replace weight on R, 1/8 R Rock L to L side, Replace weight on R, Cross L  
over R (6:00)

## PART B: 16 counts

1-2-3-4            Rock R to R side, Replace weight on L, Cross R over L, 1/4 R Stepping L back  
5-6-7-8            1/2 R Stepping R fwd, Step L fwd, 1/2 R Pivot weight on R, 1/4 R Stepping L to L side (6:00)

1-2 3-4            Step R behind L dragging L towards L, Hold, Rock L to L side, Replace weight on R  
5-6 7&8            Step L behind R, Step R to R side, Cross Shuffle L over R stepping L, R, L

## PART C: 32 counts

1-2 3-4            Step R to R side dragging L, Hold Step L slightly together & behind R, Replace weight on R  
5-6-7-8            1/4 R Stepping L back, 1/2 R Stepping R fwd, Step L fwd, Step R together

1-2 3-4            Step L back dragging R, Hold Rock R back, Replace weight on L  
5-6-7-8            Step R fwd, 1/4 L Pivot weight on L, Cross R over L, Step L to L side

## My Love, My Love, My Love, My Love part

1-2-3-4            Step R behind L, Rock L on L ball to L side, Replace weight on R, Step L behind R  
5-6-7-8            Rock R on R ball to R side, Replace weight on L, Step R behind L, Step L to L side

**Note: Travel these 8 counts slightly back**

1-2 3-4            Cross R over L, Hold Rock L to L side, Replace weight on R  
5-6 7-8            Cross L over R, Hold 1/4 L Stepping R back, 1/2 L Stepping L fwd  
1                    1/4 L Stepping R to R side as each sequence starts off with stepping R to the side

**(treat counts 7-8 more like a full turn over L shoulder)**

**Tag: There is a 4 Count tag (check the sequence above)**

1-2-3-4            Step R to R side swaying hips R, Hold, Replace weight on L dragging R towards L for Counts  
3-4

This dance isn't as hard as it looks, once you are familiar with song, you will find its easier to marry the sequence up with the music. I like to think of Part C is the Nightclub part and the 'my love, my love, my love'. Part B is the 'turn around part. Part A is the piano ding part where I focused on the musicality of the piano chords.

