

AB Endless Night

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 1 级数: Absolute Beginner
编舞者: Janet Cummings (USA) - July 2019
音乐: I Don't Want This Night to End - Luke Bryan : (Album: Tailgates and Tanlines - 3:40)



And the Beat goes on...No Tags or Restarts

Intro: 32 Count

SECTION 1: R CROSS ROCK, L RECOVER, TOE STRUT, WEAVE TO RIGHT

1, 2, 3, 4 R Cross Rock Over L Foot, L Recover, R Toe Step, Lower Heel
5, 6, 7, 8 L Cross over R Foot, R Step to Side, L Cross Behind, R Step to Side

SECTION 2: L CROSS ROCK, R RECOVER, TOE STRUT, WEAVE TO LEFT

1, 2, 3, 4 L Cross Rock Over R Foot, R Recover, L Toe Step, Lower Heel
5, 6, 7, 8 R Cross over L Foot, L Step to Side, R Cross Behind, L Step to Side

SECTION 3: HEEL GRIND FORWARD, STEP, HEEL GRIND FORWARD, STEP, WALK BACK X4

1, 2, 3, 4 Going Forward, Grind R Heel, Step L , Grind R Heel Step L
5, 6, 7, 8 R Step Back, L Step Back, R Step Back, L Step Back

SECTION 4: BRUSH-UP, RIGHT AND LEFT

1, 2, 3, 4 With Weight on L, Tap R Heel Diagonally Forward, Bring Heel UP to Opposite Knee, Touch Diagonally Forward again, Step Together
5, 6, 7, 8 With Weight on R, Tap L Heel Diagonally Forward, Bring UP to Opposite Knee, Touch Diagonally Forward again, Step Together

Note to Dancers: Some keys to Line Dance success: Knowing Terminology, small steps, floor etiquette, and safety....choose your footwear carefully, solid foundations build happy bodies.

Series Dance #10! Our NEW steps today are: Cross Rock (R & L), Weave (Right & Left), R Heel Grinds, Brush-Up (R & L). Whew, four new steps, but you're ready for it, YOU GOT THIS!

Studies show that Dance enhances Physical and Mental health! Lord, keep moving us one step at a time. Amen

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