

Long Live Tonight

COPPER KNOB
STEPPERS

拍数: 40 墙数: 4 级数:
编舞者: Monica Goldman (USA) - July 2019
音乐: Long Live Tonight - LANCO



Intro - 32 counts from start of track

Mambo L Forward, Mambo R Back, Step LF, RF Hitch ½ Turn, Triple Step

1, 2 – LF mambo forward
3, 4 – RF mambo back
5, 6 – Step with weight on LF, hitch RF making ½ turn
7 & 8 – Triple step forward (RF, LF, RF)

Mambo L Forward, Mambo R Back, Step LF, RF Hitch ½ Turn, Triple Step

1, 2 – LF mambo forward
3, 4 – RF mambo back
5, 6 – Step with weight on LF, hitch RF making ½ turn
7 & 8 – Triple step forward (RF, LF, RF)

¼ Turn Left Rock Recover, Cross & Cross, Rock Recover, Behind Side Cross

1, 2 – Rock out onto LF, making a ¼ turn right, recover weight on the RF
3 & 4 – Cross LF over RF, step RF, cross LF over RF
5, 6 – Rock onto RF, recover weight onto LF
7 & 8 – RF behind LF, step LF to the side, cross RF over the LF

Rock Recover, LF ½ Turn Sweep Back, Coaster Step, Rock Forward Recover, Triple Step Back

1, 2 – Rock out onto LF, recover on RF
3 & 4 – Sweep LF behind making a ½ turn, step back LF, back RF, forward LF
5, 6 – Rock forward RF, recover weight on LF
7 & 8 – Triple step back (RF, LF, RF)

Full Turn Back, Walk, Walk, Anchor Step, ½ Turn Triple Step

1, 2 – Step LF back making ¼ turn left, Step RF over LF making a ½ turn left
3, 4 – Step LF out making ¼ turn, step RF forward
5, 6 – Step LF forward, touch R toe behind LF
7 & 8 – Triple Step (RF, LF, RF) making a ½ turn right

*Restart at 4th wall – restart dance after the first 16 counts.