Waltzing In Arizona Sunshine



拍数: 24 墙数: 4 级数: Beginner waltz

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音乐: All for the Love of Sunshine - Steve Holy



Senior Starter Series

Learning: Basic fwd and back, twinkles, twinkle turn, step points, coaster step

Note: Remember that steps 1 and 4 are generally long steps, which create a nice flow.

Start - 12 cts in

FORWARD AND BACK (BASIC STEP)

1-3 Step L fwd, R beside L, step L beside R4-6 Step R back, step L beside R, step R beside L

LEFT AND RIGHT TWINKLE STEPS (1/4 turn on R twinkle)

1-3 Step L over R, step on R, step L beside R

4-6 Step R over L,(turn L foot to R on ct 5, preparing to turn to ½ R) step on L, step on R 3:00

LEFT AND RIGHT POINTS

1-3 Step fwd on L, touch R slightly R, hold4-6 Step back on R, touch L, slightly L, hold

STEP FWD ON L, TOUCH R, HOLD. STEP BACK ON R, STEP LEFT TOGETHER, STEP FWD ON R (COASTER STEP)

1-3 Step fwd on L, touch R slightly R, hold

4-6 Step back on R, step back on L, step fwd on R

Repeat

DANCE FOR THE HEALTH OF IT