

# The Walk

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Easy Beginner  
编舞者: Gerard Murphy (CAN) - June 2019  
音乐: Walk of Shame - Eight to the Bar : (Album: Calling All Ickeroos!)



Begin after 32 counts.

Music available on iTunes and Amazon (3:39 mins)

Note: Works well as a floor-split when other more improver or intermediate level dances are played to this fantastic track!

## Rock Recover Coaster Step x 2

1,2            Rock forward on R, recover onto L  
3&4           Step back onto R, step back onto L next to R, step forward onto R  
5,6            Rock forward on L, recover onto R  
7&8           Step back onto L, step back onto R next to L, step forward onto L

## Walk Walk, Cha Cha Forward, Step ½ Pivot R, Cha Cha Forward

1,2            Step forward onto R, step forward onto L  
3&4           Step forward onto R, close L behind R, step forward onto R  
5,6           Step L forward, pivot ½ turn R shifting weight to R (6 o'clock)  
7&8           Step forward onto L, close R behind L, step forward onto L

## Kick Ball Change x 2, Step Diagonal R, Touch, Step Diagonal Left, Touch

1&2           Kick R forward, step onto ball of R in place, step onto L next to R  
3&4           Kick R forward, step onto ball of R in place, step onto L next to R  
5,6           Step R forward to R diagonal, touch L next to R  
7,8           Step L forward to L diagonal, touch R next to L

## Kick Ball Change x 2, Walk ¾ Turn R

1&2           Kick R forward, step onto ball of R in place, step onto L next to R  
3&4           Kick R forward, step onto ball of R in place, step onto L next to R  
5,6,7,8       Walk around stepping R, L, R, L while making a ¾ turn over R shoulder (3 o'clock)

REPEAT

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