

Assalamu Alayka

拍数: 96 墙数: 1
编舞者: Ema Rahmawati (INA) - July 2019
音乐: Assalamu Alayka - Maher Zain

级数: Phrased Beginner



(Sequence: A-tag-B-B-tag-C-A-tag-B-B-tag-C-C-A-A-B-B-tag-ending)
Start dancing on vocal

A

AI. Rhumba Box

- 1 – 2 Step R to side, close L beside R
- 3 – 4 Step R forward, touch L beside R
- 5 – 6 Step L to side, close R beside L
- 7 – 8 Step L back, touch R beside L

II. Side Close-Side Touch-Rocking Chair

- 1 – 2 Step R to side, close L beside R
- 3 – 4 Step R to side, touch L beside R
- 5 – 6 Step L forward, step R in place
- 7 – 8 Step L back, step R in place

III. Side Close-Side Touch-Rocking Chair

- 1 – 2 Step L to side, close R beside L
- 3 – 4 Step L to side, touch R beside L
- 5 – 6 Step R forward, step L in place
- 7 – 8 Step R back, step L in place

IV. Pivot ½-Shuffle (2x)

- 1 – 2 Step R forward, turn ½ left moving weight on L
- 3 & 4 Step R forward, close L beside R, step R forward
- 5 – 6 Step L forward, turn ½ right moving weight on R
- 7 & 8 Step L forward, close R beside L, step L forward

B

BI. Cross Rock-Chasse (2x)

- 1 – 2 Cross R over L, recover on L
- 3 & 4 Step R to side, close L beside R, step R side
- 5 – 6 Cross L over R, recover on R
- 7 & 8 Step L to side, close R beside L, step L side

BII. Pivot ½-Shuffle (2x)

- 1 – 2 Step R forward, turn ½ left moving weight on L
- 3 & 4 Step R forward, close L beside R, step R forward
- 5 – 6 Step L forward, turn ½ right moving weight on R
- 7 & 8 Step L forward, close R beside L, step L forward

BIII. Forward-Side Touch(2x)-Jazz Box Turn

- 1 – 2 Step R forward, touch L to side
- 3 – 4 Step L forward, touch L to side
- 5 – 6 Cross R over L, turn ¼ right step L back
- 7 – 8 Step R to side, step L forward

BIV. Side Rock-Syncopated Cross-Side Rock-Coaster Turn

- 1 – 2 Step R to side, recover on L
- 3 & 4 Step R behind L, step L to side, step R forward
- 5 – 6 Step L to side, recover on R
- 7 & 8 Turn ¼ left, step L back, close R beside L, step L forward

C.

CI. Grapevine-Side Rock-Cross Shuffle

- 1 – 2 Step R to side, cross L behind R
- 3 – 4 Step R to side, cross L over R
- 5 – 6 Step R to side, recover on L
- 7 & 8 Cross R over L, step L to side, cross R over L

CII. Grapevine-Side Rock-Cross Shuffle

- 1 – 2 Step L to side, cross R behind L
- 3 – 4 Step L to side, cross R over L
- 5 – 6 Step L to side, recover on R
- 7 & 8 Cross L over R, step R to side, cross L over R

CIII. Monterey

- 1 – 2 Touch R to side, turn ¼ right close R beside L
- 3 – 4 Touch L to side, close L beside R
- 5 – 6 Touch R to side, turn ¼ right close R beside L
- 7 – 8 Touch L to side, close L beside R

CIV. Rock Forward-Coaster step-Rock Forward-Shuffle Turn

- 1 – 2 Step R forward, recover on L
- 3 & 4 Step R back, close L beside R, step R forward
- 5 – 6 Step L forward, recover on R
- 7 & 8 Turn ½ Left, Step L forward, close R beside L, step L forward

Tag : Monterey-Jazz Box

- 1 – 2 Touch R to side, close R beside L
- 3 – 4 Touch L to side, close L beside R
- 5 – 6 Cross R over L, step L back
- 7 – 8 Step R to side, step L forward

Enjoy Your Dance.....

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