

# Worn Out Heart

COPPERKNOB  
STEPSHEETS

拍数: 48      墙数: 2      级数: Improver  
编舞者: Charles & Sandra (UK) - July 2019  
音乐: Worn Out Heart - Sunny Sweeney : (iTunes)



Intro: 32 counts - 1 Restart

## (Section 1) Step, ¼ pivot, Right Shuffle, Forward Rock, ¼ Shuffle

1 2            Step Right Forward, Pivot ¼ Left 9:00  
3&4           Step Right Forward, Step Left beside Right, Step Right Forward  
5 6            Rock Forward on Left, Recover on Right  
7&8           ¼ Turn Left Stepping Left to Side, Step Right beside Left, Step Left to Side 6:00

## (Section 2) Cross Shuffle, Side Rock, Behind Side Cross, Side Rock

1&2           Cross Right over Left, Step Left to Side, Cross Right over Left  
3 4            Rock Left out to Left side, Recover on Right,  
5&6           Cross Left Behind Right, Step Right to Side. Cross Left over Right  
7 8            Rock Right out to Right Side, Recover on Left

## (Section 3) Dwight Swivels, ½ Pivot, Kick Ball Change

1            Swivel Left heel Right touching Right toe beside Left foot  
2            Swivel Left to Right touching Right heel diagonally forward Right  
3            Swivel Left heel Right touching Right toe beside Left foot  
4            Swivel Left to Right touching Right heel diagonally forward Right  
5 6           Step Right Forward, ½ Pivot Left 12:00  
7&8           kick Right forward, Step down on ball of Right, Step forward on Left

## (Section 4) Cross, Side, ¼ Sailor, ball Step, Scuff, Step. Tap

1 2            Cross Right Over Left, Step Left to Side  
3&4           Cross Right behind Left turning ¼ Right, Step Left beside Right, Step forward on Right 3:00  
&5 6           Step ball of Left beside Right. Step forward on Right. Scuff Left forward  
7 8            Step Forward on Left, Tap Right toe Behind Left

## (Section 5) Right Lock Back, Back, Touch, step, ¼ Hitch turn Right, Left Shuffle

1&2           Step Right Back, Lock Left Over Right, Step Right Back  
3 4            Step Left Back, Touch Right Toe in front of Left  
5 6            Step Right Forward, Hitch Left knee up as you turn 1/4 Right 6:00  
7&8           Step Left Forward, Step Right beside Left, Step Left forward (restart here on wall 5 at 6:00)

## (Section 6) ½ Pivot x2 , Cross Rock, Side Rock

1 2            Step Forward Right, Pivot ½ Left 12:00  
3 4            Step Forward Right, Pivot ½ Left 6:00  
5 6            Cross Right over left, Recover on left  
7 8            Rock Right out to Right Side, Recover on Left

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