

Thanks a Lot

拍数: 32 墙数: 4 级数: Beginner 2S
编舞者: Georges Fournier - 2012
音乐: Thanks A Lot - Robert Mizzell



Start dancing on lyrics

WALK FORWARD, RIGHT MAMBO ROCK, WALK BACK, LEFT COASTER STEP

1-2 RF forward, LF forward
3&4 Mambo rock front, RF step back
5-6 LF step back, RF step back
7&8 LF step back, RF next to LF, LF step forward

WALK FORWARD, Side Rock cross, CROSS RIGHT BEHIND LEFT, Side rock cross

1-2 RF step forward, LF step forward
3&4 RF step to right, recover onto LF, cross RF over LF
5-6 LF step left, cross RF behind LF
7&8 LF step to left, recover onto RF, cross LF over RF

STEP RIGHT SIDE, CROSS LEFT BEHIND RIGHT, SHUFFLE TURN ¼ RIGHT, LEFT STEP ½ TURN, LEFT SHUFFLE

1-2 RF Step right side, LF cross behind right foot
3&4 RF step to right, LF next to RF, RF turn ¼ right
5-6 LF step forward, turn ½ right
7&8 LF step forward, RF next to LF, LF forward

FULL TURN LEFT, RIGHT MAMBO ROCK, WALK BACK, LEFT COASTER STEP

1-2 Turn ½ LF behind RF (ball right foot), turn ½ left and step LF forward
3&4 Mambo rock front, RF step back 5-6 LF step back, RF step back
7&8 LF step back, RF next to LF, LF forward

REPEAT
