

You're An All Star

COPPER KNOB
BY STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Noah Sierra (USA) - June 2019
音乐: All Star - Smash Mouth



Intro counts: 32 counts

KICK, CROSS, ROCK, RECOVER, CROSSING TRIPLE L, POINT R, PUSH, RECOVER, STEP.

- 1&2& Kick RF forward, cross RF over LF, rock LF back, recover on RF.
3&4 Slightly cross LF over RF, slightly step RF to R side, slightly cross LF over RF.
5-6 Touch R toe to R side, cross RF over LF.
7&8 Push/rock LF to L side, recover on RF, step LF on RF.

PIVOT ½, WIZARD STEP X2, WALK FORWARD X2.

- 1-2 Step RF forward, pivot ½ L.
3-4& Step RF diagonal forward, lock LF over RF, step RF diagonal forward.
5-6& Step LF diagonal forward, lock RF over LF, step LF diagonal forward.
7-8 Walk RF forward, walk LF forward.

SYNCOATED WEAVE L, PIVOT ¼, ROCK/RECOVER X2, STEP/TOUCH DIAGONAL FORWARD X2.

- 1&2& Cross RF over LF, step LF to L side, cross RF behind LF, step LF to L side with ¼ pivot L.
3&4& Rock RF forward, recover on LF, rock RF back, recover on LF.
5-6 Step RF diagonal forward, touch LF on RF.
7-8 Step LF diagonal forward, touch RF on LF.

ROCK/RECOVER/STEP X2, ⅛ OF ¼ PIVOT X2.

- 1-2& Rock RF forward, recover on LF, step RF back.
3-4& Rock LF back, recover on RF, step LF forward.
5-6 Step RF forward, pivot ⅛ of ¼ pivot L.
7-8 Step RF forward, pivot ⅛ of ¼ pivot L.

NO TAGS/RESTARTS.

Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is in its original format and include all contact details on this script. Also, if you would like a FREE .MP3 (audio) copy of the song, please email me and let me know.

Email: noahsierragae@gmail.com

Website: dancewithnoah.website2.me