

One Day

COPPER **KNOB**
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Andrico Yusran (INA) & Lucy Sujadi (INA) - July 2019
音乐: One Day (feat. Helena) - Arash



Restart : on wall 4 after 16 counts

Tag : 8 counts after wall 9

Start on Lyrics ♥

S1# TOE STRUTS - LINDY

1-2 Step R diagonal forward , R tap in place
3-4 Step L toe cross over R , L tap in place
5&6 Step R to side , L close beside R , R to side
7-8 Step L back , R recover

S2# ROCKING CHAIR - PIVOT 1/4 TO R - CROSS SHUFFLE

1-2 Step L forward , R tap in place
3-4 Step L back , R tap in place
5-6 Step L forward 1/4 turn to R , R in place
7&8 Step L cross over R , R to side , L cross over R

(Restart here on wall 4)

S3# SIDE - KICK - SIDE - TOUCH - SIDE - CLOSE

1-2 Step R to side , L kick cross over R
3-4 Step L to side , R close touch beside Ln
5-6 Step R to side , L close beside R
7-8 Step R to side , L close touch beside R

S4# VINE - SIDE - CROSS - SIDE - FORWARD

1-2 Step L to side , R cross behind
3-4 Step L to side , R touch beside L
5-6 Step R to side , L cross behind R
7-8 Step R to side , L forward

TAG - 8 COUNTS

JAZZ BOX - SIDE TOUCH - CROSS - SIDE TOUCH - CROSS

1-2 Step R cross over L , L back
3-4 Step R to side , L forward
5-6 Step R side touch point , R cross over L
7-8 Step L side touch point , L cross over R

Enjoy The Dance

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