

Blessed

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Blessed - Thomas Rhett



Intro-16 counts, 1 tag with a restart

SWEEP RIGHT FWD, SWEEP LEFT FWD, ROCK RIGHT FWD, RECOVER, STEP RIGHT BACK, SWEEP LEFT BACK, SWEEP RIGHT BACK, RIGHT BACK, LEFT BACK, RIGHT FWD, LEFT FWD.

1-2 Sweep left and step right forward, sweep right and step left forward
3-4&a Rock forward right, recover left, step back right, step left back
5-6 Sweep left back and step right back, sweep right back and step left back
7-8&a Step back right, step back left, step right forward, step left forward

1/4 TURN LEFT SWAY RIGHT, SWAY LEFT, SPIRAL 3/4 LEFT, LEFT SHUFFLE 1/4, SIDE-BALL-CROSS WITH SWEEP, STEP, BACK, BACK

1-2-3 Turning 1/4 left, sway right, sway left, step right to side while doing a spiral turn 3/4 over left
4&a Step left forward, step right forward, turning 1/4 left, cross left in front of right (9:00)
5a-6-7 Step right to side, step ball of left behind right, cross right over left while sweeping left forward, step left center
8a Step right back, step left back

(Optional – To remove the full turn on 3,4&a: 3- Big step right, sweep left behind right, 4&a- step left behind right, step right to side, cross left over right)

FWD ROCK, RECOVER TURNING 1/2 RIGHT, STEP RIGHT FWD, STEP LEFT SIDE, RIGHT SAILOR, LEFT SAILOR, RIGHT BEHIND/LEFT SWEEP, LEFT BEHIND, 1/4 RIGHT ,WALK LEFT

1-2a-3 Rock right forward, recover left turning 1/2 right, step right forward, step left to side (3:00)
4a-5 Step right behind left, step left to side, step right to side (same footwork as sailor, but slower timing)
6&a Step left behind right, step right to side, step left to side

***7,8&a Step right behind left sweeping left back, step left behind right, turning 1/4 right step right forward, step left forward (6:00)**

***Tag and restart occur here on 5th rotation.**

STEP RIGHT FWD, LEFT ROCK FWD, RECOVER RIGHT W/SWEEP LEFT, WEAVE RIGHT, POINT RIGHT, BACK RIGHT, POINT LEFT, 1/4 TURN LEFT SAILOR

1-2-3 Step right forward, rock left forward, recover right sweeping left back
4&a Step left behind, step right side, cross left over right
5-6-7 Point right to side, step back right, point left to side
8&a Step left behind right, turning 1/4 left step right to side, step left to side (3:00)

***TAG and Restart on 5th rotation. Dance through count 22 (L sailor step 6&a in third set), then insert these 4 counts and Restart. TAG: Step right behind left, turning 1/4 left step left forward, step right forward, pivot 1/2 left and step left forward.**