

# Blessed

拍数: 32                      墙数: 4                      级数: Intermediate  
编舞者: Kathy Brown (USA) & Melanie Cheever (USA) - June 2019  
音乐: Blessed - Thomas Rhett



Intro-16 counts, 1 tag with a restart

**SWEEP RIGHT FWD, SWEEP LEFT FWD, ROCK RIGHT FWD, RECOVER, STEP RIGHT BACK, SWEEP LEFT BACK, SWEEP RIGHT BACK, RIGHT BACK, LEFT BACK, RIGHT FWD, LEFT FWD.**

1-2                      Sweep left and step right forward, sweep right and step left forward  
3-4&a                  Rock forward right, recover left, step back right, step left back  
5-6                      Sweep left back and step right back, sweep right back and step left back  
7-8&a                  Step back right, step back left, step right forward, step left forward

**1/4 TURN LEFT SWAY RIGHT, SWAY LEFT, SPIRAL 3/4 LEFT, LEFT SHUFFLE 1/4, SIDE-BALL-CROSS WITH SWEEP, STEP, BACK, BACK**

1-2-3                  Turning 1/4 left, sway right, sway left, step right to side while doing a spiral turn 3/4 over left  
4&a                      Step left forward, step right forward, turning 1/4 left, cross left in front of right (9:00)  
5a-6-7                 Step right to side, step ball of left behind right, cross right over left while sweeping left forward, step left center  
8a                      Step right back, step left back

**(Optional – To remove the full turn on 3,4&a: 3- Big step right, sweep left behind right, 4&a- step left behind right, step right to side, cross left over right)**

**FWD ROCK, RECOVER TURNING 1/2 RIGHT, STEP RIGHT FWD, STEP LEFT SIDE, RIGHT SAILOR, LEFT SAILOR, RIGHT BEHIND/LEFT SWEEP, LEFT BEHIND, 1/4 RIGHT, WALK LEFT**

1-2a-3                 Rock right forward, recover left turning 1/2 right, step right forward, step left to side (3:00)  
4a-5                      Step right behind left, step left to side, step right to side (same footwork as sailor, but slower timing)  
6&a                      Step left behind right, step right to side, step left to side

**\*7,8&a Step right behind left sweeping left back, step left behind right, turning 1/4 right step right forward, step left forward (6:00)**

**\*Tag and restart occur here on 5th rotation.**

**STEP RIGHT FWD, LEFT ROCK FWD, RECOVER RIGHT W/SWEEP LEFT, WEAVE RIGHT, POINT RIGHT, BACK RIGHT, POINT LEFT, 1/4 TURN LEFT SAILOR**

1-2-3                      Step right forward, rock left forward, recover right sweeping left back  
4&a                      Step left behind, step right side, cross left over right  
5-6-7                      Point right to side, step back right, point left to side  
8&a                      Step left behind right, turning 1/4 left step right to side, step left to side (3:00)

**\*TAG and Restart on 5th rotation. Dance through count 22 (L sailor step 6&a in third set), then insert these 4 counts and Restart. TAG: Step right behind left, turning 1/4 left step left forward, step right forward, pivot 1/2 left and step left forward.**