

Sent From Heaven

COPPER KNOB
BYEFOOTETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Julie Lockton (ES) & Dave Morgan (UK) - June 2019
音乐: God Gave Me You - Bryan White : (4:03)



Count in: Approx. 21 seconds

Section 1: Cross ,Back, Ball, Walk Walk, Step ½ pivot turn, walk walk (Optional full turn)

1-2&3-4 Cross R over L, step back on L, step back on ball of R foot (&), walk fwd L, R
5&6-7-8 Step fwd L, step ½ turn over R (06:00), step fwd L, walk fwd R, walk fwd L (Optional Full Turn)

Section 2: Basic nightclub R, basic nightclub L making ¼ turn R, rocking chair

1-2&3-4& Step R to R side, rock back on L, recover onto R, step L to L side, rock back on R, recover onto L making ¼ turn right
5-6-7-8 Rock fwd on R, recover onto L, rock back on R, recover onto L

RESTART HERE ON WALL 5

Section 3: Step Fwd, step back ½ turn, coaster cross, rock and cross, point, touch

1-2-3&4 Step fwd on R, making ½ turn over R step back on the L, step back on R, step L beside R, cross R over L
5&6-7-8 Rock L to L side, recover onto R, cross L over R, point R to R diagonal, touch R beside L

Section 4: Chasse R, ½ Turn, Chasse Left, Rock back and side, behind side, step fwd

1&2-3&4 Step R to R side, step L beside R, step R to R side, making ½ turn over R shoulder step L to L side, step R beside L, step L to L side
5&6 Rock back R behind L, Recover on L, Step R to R side
7&8 Step L behind R, Step R to R side, Step fwd on L

Section 5: Rock, Recover, Ball Rock Recover, ½ Turn Right, Rock Back, Recover, Walk, Walk

1-2& Rock fwd on R, recover on L, step R next to L
3-4& Rock Back on L, recover on R, make 1/2 R right stepping back on the L
5-6 Rock back on R, recover onto L
7-8 Walk forward R, L (Optional Full Turn)

Section 6: Nightclub Basic Right, Nightclub Basic Left with ¼ turn. Mambo ½ Left, ½, ¼

1-2& Step R to R side, rock back on L, recover on the R
3-4 & 5 Step L to L side, rock back on R, recover on L. Make ¼ turn R stepping fwd on R
6&7 Rock forward on left, Recover on right. Make 1/2 turn left
8 & Make 1/2 turn left stepping back right. Make 1/4 turn left stepping left to left side

RESTART: On wall 5 Restart the dance after count 16