

# Con Calma

拍数: 32      墙数: 4      级数: Improver  
编舞者: Rex Chuan (USA) - June 2019  
音乐: Con Calma (feat. Snow) (Remix) - Daddy Yankee & Katy Perry



**Start: after 16 counts, with vocal.**

**Tag: 0 - Restart: 1**

## **S1: Walk, Tap, Tap, Monterey Turn, Tap, Tap, Sailor Step**

1 2 3 4      LF forward(1), RF tap forward(2), RF tap R(3), RF together(4) and R quarter turn  
5 6 7&8&      LF tap forward(5), LF tap L(6), LF cross behind RF(7), RF R(&), LF forward(8), RF tap behind  
                 LF(&) (3:00)

## **S2: Tap, Back, Tap, L Shuffle, Back Rock, Recover, Tap, Hip Pump, Hip Down And Pop R**

123&4      RF backward(1), R quarter turn and LF tap together(2), LF L(3), RF together(&), LF L(4),  
5 6      RF rock back(5), recover(6)  
7&8      L quarter turn and RF tap R with hip pump up(7), hip back(&), weight on RF and hip down  
                 pop right(8) (3:00)

## **S3: Walk, Walk, Shuffle Turn, Side, Forward, Heels Pump And Down, Hitch**

1 2 3&4      L quarter turn and LF forward(1), RF forward(2), R quarter turn and LF L(3), R quarter turn  
                 and RF R(&), LF backward(4)  
5 6 7&8      RF R(5), LF forward(6), heels pump(7), heels down(&), LF hitch(8) (6:00)

## **S4: Dorothy Step, Walk, Walk, Kick, Back Tap, Turn And Sway, Shuffle Turn**

1 2&      LF forward(1), RF lock in(2), LF forward(&)  
3 4      RF forward(3), LF forward(4)  
5 6      RF kick forward(5), LF tap back(6)  
7&8&      R quarter turn and weight on RF(7) head turning R, weight back on LF(&) L quarter turn RF  
                 forward(8), L quarter turn and LF forward(&) (3:00)

**Restart: In the 5th Wall, after S1:8, RF walk forward(&) and restart facing 6:00.**

**Enjoy the dance!**