Can't Escape Me



拍数: 32 编数: 2 级数: Intermediate 编舞者: John Robinson (USA) & Derek Steele (USA) - May 2019

音乐: Every Breath You Take - Chase Holfelder: (Single - iTunes, Amazon.com,

Amazon.co.uk, Amazon.de)



Intro: 4 seconds (start on first piano note)
TAG: 8-count Tag after 4th repetition

[1-8] 1/2 LEFT TURN w/FIGURE 4, WEAVE RIGHT, EXTEND LEFT TOE BEHIND, 1/4 LEFT TURN SWEEP, CROSS-BACK, ROCK BACK-RECOVER

1,2 Step R side right starting 1/2 turn left (1); Finish 1/2 turn left on ball of R (6:00) raising L with

knee bent/toe beside R calf (piqué position) (2)

3&4& Step L behind R (3), Step R side right (&), Step L across R (4), Step R side right (&)

5,6 Extend L toe across behind R, clicking fingers down to the right past hips (5); Step L 1/4 turn

left (3:00) sweeping R counterclockwise (6)

7&8& Step R across L (7), Step L back (&), Rock R back (8), Recover L (&)

[9-17] 1/2 TURN LEFT COLLECT, ROCK FORWARD & SWEEP BACK L/R, SHARP 1/2 TURN RIGHT, 1/4 TURN CROSS, FULL TRAVELING TURN

1 Turn sharply 1/2 left (9:00) bringing R beside L (styling: clasp arms overhead, palms facing

forward) (1)

2&3 Rock R forward (2), Recover L (&), Step R back sweeping L counterclockwise (3)

4,5 Step L back sweeping R clockwise (4); Turn sharply 1/2 right (3:00) stepping R forward

(styling: arms out presenting palms up) (5)

Step L forward (6), Turn 1/4 right (6:00) stepping R in place (&), Step L across R (7)

8&1 Turn 1/4 left (3:00) stepping R back (8), Turn 1/2 left (9:00) stepping L forward (&), Turn 1/4

left (6:00) stepping R side

(styling: when singer says "break," place hands together in tight fists and pull them apart as if breaking/ripping something in half) (1)

[18-24] ROCK BACK & WALK DIAGONALLY L-R, ROCK FORWARD & STEP BACK, TOUCH BACK, TURN 1/2 RIGHT COVERING EYES

2& Rock L behind R (2), Recover R (&)

3,4 Body angled toward 4:30, step L forward (3); Step R forward (4) 5&6 Rock L forward toward 4:30 (5), Recover R (&), Step L back (6)

7.8 Touch R toe back (7); Sharp 1/2 turn (11:30) right onto R placing hands in front of eyes

palms away from face (left hand behind right), elbows parallel to floor (8)

[25-32] REVEAL EYES, STEP BACK, SYNCOPATED 1/2 TURN LEFT INTO FORWARD ROCK, RECOVER & CROSS, SWAY-SWAY

1,2 Lowering through R knee, gradually move hands out away from each other to expose your

eves (lyric is "watching you") (1-2)

3 Transfer weight back to L, lowering fists to hip level (3)

4&5 Step R back (4), Turn 1/2 left (4:30) stepping L forward (&), Rock R forward toward 4:30 (5)

Recover L (6), Step R side right squaring up to 6:00 (&), Step L across R (angle body toward

7:30) (7)

8& Step R side right (square up to 6:00) swaying hips right (8), Sway hips L (&)

START AGAIN

TAG: LUNGE RIGHT W/ARM CIRCLE, FULL TURN LEFT, HOLD

After 4th repetition, there are 8 counts of silence:

1	Lunge R side right, looking down to right while raising arms overhead w/fists or open palms (your choice) (1)
2-4	Circle arms out and around down to hip level (2-4)
5	Step L 1/4 turn left (9:00)
6&7	Turn 1/2 left stepping R back (3:00), Turn 1/4 left stepping L side left (12:00), Touch R beside L (7)
8	Hold

FINALE: Dance through count 17 and hit a dramatic pose (we suggest covering and exposing eyes again)

John Robinson, mrshowcase@gmail.com & Derek Steele, ddsteele199@comcast.net Last Update - 6 July 2019