

Regenbogenfarben

COPPER **KNOB**
STEPSHETS

拍数: 32 墙数: 4 级数: Newcomer Polka
编舞者: Brigitte Wulff (DE) - June 2019
音乐: Regenbogenfarben - Kerstin Ott



Counter-Clockwise

Rock Step, Shuffle Back, Back Rock, Shuffle fwd

- 1 RF step fwd /w weight on RF
- 2 Weight back to LF
- 3 RF step back
- & LF step next to RF
- 4 RF step back
- 5 LF step back /w weight on LF
- 6 Weight back to RF
- 7 LF step fwd
- & RF step next to LF
- 8 LF step fwd

Cross, Back Chasse R, Cross Rock, Chasse /w ¼ turn L

- 9 RF cross over LF
- 10 LF step back
- 11 RF step to R
- & LF step next to RF
- 12 RF step R
- 13 LF cross over RF /w weight on LF
- 14 Weight back to RF
- 15 LF step L
- & RF step next to LF
- 16 LF step fwd /w ¼ turn L (9 O'Clock)

Step ¼ Turn L, Cross Shuffle, Side Rock, Behind, Side, Fwd

- 17 RF step fwd
- 18 ¼ turn L on both feet (6 O'Clock)
- 19 RF cross over LF
- & LF step next to RF
- 20 RF cross over LF
- 21 LF step L /w weight on LF
- 22 Weight back on RF
- 23 LF cross behind RF
- & RF step R
- 24 LF step fwd

Rock Step, Chasse ¼ turn R, Rock Step, Triplestep /w full turn

- 25 RF step fwd /w weight on RF
- 26 Weight back to LF
- 27 RF step R /w ¼ turn R (9 O'Clock)
- & LF step next to RF
- 28 RF step R
- 29 LF step fwd /w weight on LF
- 30 Weight back to RF
- 31 LF step fwd /w ½ turn L (3 O'Clock)

& RF step fwd /w ½ turn L (9 O'Clock)
32 LF step next to RF

!Option for the Last 3 Counts: Coaster Step!

31 LF step back
& RF step next to LF
32 LF step fwd
