

Rock Bottom

拍数: 32 墙数: 4 级数: Improver
编舞者: Renae Filiou - June 2019
音乐: Someone I Used to Know - Zac Brown Band



WALK, SHUFFLE, ¼ PIVOT, CROSS SHUFFLE

1-2 Walk right, walk left
3&4 Shuffle forward (right-left-right)
5-6 Step forward on left, return to right turning ¼ right
7&8 Cross Left over Right and shuffle (left-right-left)

ROCK RIGHT SIDE, SAILOR R, ¼ TURN SAILOR L, ¼ PIVOT

1-2 Rock Right to Side, return to left
3&4 Sailor Right
5&6 Sailor Left turning ¼ left on first step
7-8 Step Right foot forward and return to left turning ¼ left

CROSS ROCK R, CROSS ROCK LEFT, SHUFFLE FORWARD, ROCK RETURN

1&2 Rock right across left, return to left, step right to center
3&4 Rock left across right, return to right, step left to center
5&6 Shuffle forward (right-left-right)
7&8 Rock forward on left, return to right, step left back slightly

STEP RIGHT BACK, HITCH LEFT AND TURN ½ LEFT, SHUFFLE, V-STEP

1-2 Step right back, hitch left knee in air and turn ½ turn left
3&4 Shuffle forward (left-right-left)
5-6 Step right diagonally forward, Step left out to side
7-8 Return right home, step left together

TAG (at end of wall 9) or Repeat last 4 counts of dance

V-STEP

1-2-3-4 Step right diagonally forward, step left out to side, return right home, step left together

RESTART after 28 counts on wall 2 & 6 (drop the last 4 counts of main dance)

TAG at the end of wall 9

**Originally called Southern Summer, but is so smooth with Zac Brown's song when you add restarts and a tag.

Contact: danceadamance@gmail.com