

# Now I Feel Good

COPPER KNOB  
BY STEPHEN HETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Frank Haehner (FR) - June 2019  
音乐: God's Been Good to Me - Keith Urban



**TAG of 16 counts on wall 3 after 28 count, RESTART after the Tag**

**Start after 32 count.**

**( 1 – 8 ) R&L Heel in front, & R&L Triple Step forward, R Mambo Forward & Recover ,Touch R Next L**

1&2&3&4      Right Heel in front & Right next to the Left, Left Heel in front & Left next to the Right & Right Triple Step forward R-L-R.

5&6 –7&8      Left Triple Step forward L-R-L, Right Mambo forward & recover on left. Right touch next to The Left.

**( 9 – 16 ) R Triple Steep back ½ turn R, L Triple Step forward &R&L out-out & in-in, point R to the R X2**

1&2 –3&4      Step ¼ Right & Left Next to the Right, Right Step ¼ forward, Left Triple Step forward L-R-L

&5&6-7&8      Right (Out) diagonal forward, Left too & Right (In) back, Left Next to the Right, Point Right & Touch Right Next To the Left, Point Right.

**( 17 – 24 ) R Mambo forward & Step ¼ R, L Mambo to Left & Touch L next R, L Sailor step, R Heel in front & L Step next R & Recover**

1&2 – 3&4      Right Mambo forward & ¼ Right step Right, Left Mambo & recover on Right, Touch Left Next To the Right.

5&6-7&8&      Left Sailor step, Right Heel in front & Right Next to the Left, Left Point Next to the Right & Recover on Left.

**( 25 – 32 ) R&L Triple Step, R Step Turn Step to the Left, L Step forward, R Stump up next L.**

1&2 – 3&4      Right Triple Step to the Right & Left Triple Step to the Left. TAG Here after 28 count and restart

5&6 – 7 -8      Right Step forward & Turn ½ to the Left, Right Step forward, Left Long Step forward, Right Stump up next L.

**TAG : Diagonal R&L Step Lock , Step Lock Step, R Rock Forward, R Triple Step back ½ R, L step turn, L Mambo.**

1 -2 – 3&4      In Diagonal Right Step forward, Left Lock behind Right, Right Step forward & Left Lock behind Right,Right Step forward.

5 -6 – 7&8      In Diagonal Left Step forward, Right Lock behind Left, Left Step forward & Right Lock behind Left,Left Step forward

1 -2 – 3&4      Right Rock forward, recover on Left, Step ¼ Right & Left Next to the Right, Right Step ¼ forward.

5 -6 – 7&8      Left Step forward, ½ Turn to the Right, Left Mambo forward & Left Next To the Right.