Walking Old Friend

COPPER KNOB

拍数: 48

墙数:2

级数: Phrased Improver

编舞者: Angéline Fourmage (FR), Maryse Fourmage (FR) & Aëla Fourmage (FR) - June 2019

音乐: Old Friend - Elderbrook

Start : 40 counts (20s approximately) Part A : 32 counts Part B : 16 counts Sequence : A-B-A-A-B-A-A-A-A-A-A

Part A : 32 counts

[1-8] Point, Point, Touch, chest pop, Point, Point, Touch, chest pop

- 1&2& Point RF to R side, RF next to LF, Point LF to L side, LF next to RF
- 3&4 Touch RF FW, pop chest out, pop chest in
- &5&6& RF next to LF, Point LF to L side, LF next to RF, Point RF to R side, RF next to LF
- 7&8 Touch LF FW, pop chest out, pop chest in

[9-16] Step Back, Step Back, Coaster-Step, Step FW, Ball Hitch, Step turn 1/2 L

- 1-2 LF Back, RF Back
- 3-4 LF Back, RF next to RF, LF FW
- &5-6 RF next to LF with L Hitch, LF FW
- 7-8 RF FW, Turn ½ L (weight is on LF)

[17-24] Rock-Side, Rock-Side, Ball, Kick, Cross Schuffle, Step Back ¼ R

- 1-2& RF to R side, Recover to LF, RF next to LF
- 3-4 LF to the L side, Recover to RF
- 5-6& LF next to RF with R Kick to R side, Cross RF over LF, LF to L side
- 7-8 Cross RF over LF, Make ¼ R with LF Back

[25-32] Step-Side, Mambo, Mambo, Step-Turn 1/2 R, Stomp

- 1-2& Make ¼ R with RF to R side, Cross LF over RF, Recover to RF
- 3-4& LF to L side, Cross RF over LF, Recover to LF
- 5-6 RF to R side, LF FW
- 7-8 Turn 1/2 R (weight is on RF), Stomp LF next to RF

Part B: 16 counts

[1-8] Basic Night-Club R, Basic Night-Club L, 1/2 Diamant L

- 1-2& RF to R side, Cross LF behind RF, Cross RF over LF
- 3-4& LF to L side, Cross RF behind LF, Cross LF over RF
- 5-6& Make 1/8 L with RF back, LF back, RF back
- 7-8& Make 1/8 L with LF to L side, Make 1/8 L with RF FW, LF FW

[9-16] 1/8L Basic Night-Club R, Basic Night-Club L, ½ Diamant L

- 1-2& Make 1/8 L with RF to R side, Cross LF behind RF, Cross RF over
- 3-4& LF to L side, Cross RF behind LF, Cross LF over RF
- 5-6& Make 1/8 L with RF back, LF back, RF back
- 7-8& Make 1/8 L with LF to L side, Make 1/8 L with RF FW, Make 1/8L with LF FW

NOTA : RF = Right Foot, LF = Left Foot, FW = Forward

Smile and enjoy the dance

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