

Braveheart

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 2 级数: High Intermediate
编舞者: Sandy Kerrigan (AUS) - June 2019
音乐: Heart - Amber Lawrence : (Album: Spark - iTunes)



Dance Info: Dance starts wt on L –Feet Apart - Dance Starts on lyrics
BPM [112:] Track Length 3:22 – 2 Restarts

Cross, Hold, Behind, Hold, Ball Cross, Side, Rock Step, Left Cross Shuffle 12:00

1 2 & 3 4 & 5 Cross R over L, Hold, Step L to L, Cross R behind L, Hold, Ball of L to L, Cross R over L
6 7 8 & 1 Rock L to L Side, Replace to R Side, Cross L over R, Ball of R to R, Cross L over R

End of wall 2** facing 12:00-Dance first 7 counts, count 8 step L next to R and restart 12:00

Wall 3 starts facing 12:00

¼ Step Back, Step Side, Cross Shuffle with ¼ Turn, ¼ Side, Cross, ¼ Side Shuffle Turn 6:00

2 3 4 & Turn ¼ L-Step Back R, Step L to L Side, Cross R over L, Ball of L to L
5 6 7 Turn ¼ R-Crossing R over L, ¼ R-Step L to L Side, Cross R over L with swivel action
8 & 1 Turn ¼ R-Left Side Shuffle (Turn ¼ on first step of shuffle-this section feels like a whip
 around and is circular)

Back Rock Step, ¼ L Shuffle Back, Step Back, Step Side, Cross Shuffle 3:00

2 3 4 & 5 Rock Back on R, Replace Fwd to L, Turn ¼ L -Shuffle Back on R
6 7 8 & 1 Step Back L, Step R to R Side-feet apart, Cross Shuffle L over R

Side Rock Step, Back Rock Step, Step Side, L Back Rock Step, Side Shuffle 3:00

2 3 4 & 5 Rock R to R Side, Replace to L Side, Rock Back on R, Replace to L, Step R to R Side
6 7 8 & 1 Rock Back on L, Replace Fwd to R** Left Side Shuffle

Wall 3*** – Dance to count 7 Turn ¼ L –Step Fwd L to 12:00 for count 8-Resart

Cross Rock Step, Side Rock Step, Step Back, Lift Behind, ¼ Fwd, Shuffle Fwd 6:00

2 3 4 & Cross Rock R over L, Replace Back to L, Rock R to R Side, Replace L to L Side
5 6 Step Back on R, Cross L behind R (tight cross behind)
7 8 & 1 Turn ¼ R-Step Fwd R, Shuffle L Fwd 6:00

Hold, Cross, Side, Behind, Cross, ¼ Back, ½ Fwd, ¼ Scissor Turn 6:00

2 & 3 4 5 Hold, Cross R over L, Step L to L, Step Back on R, Cross L over R to 6:00
6 7 8 & 1 Turning L-¼ L-Step Back on R, ½ L Step Fwd L 9:00, ¼ L-Step R to R, Step L next to R,
 Cross R over L

Hold, Ball Cross, Weave to L Side, Left Side Scissor Step 6:00

2 & 3 4 5 Hold, Ball of L to L, Cross R over L, Step L to L Side, Cross/Step R behind L
6 7 8 & 1 Step L to L Side, Cross R over L, Step L to L, Step R next to L, Cross L over R

Hold, Vine with ¼ Turn R, Step Fwd, ½ Pivot Turn R, ¼ R Side, Behind, Side 6:00

2 & 3 4 Hold, Step R to R Side, Cross L Behind R, Turn ¼ R-Step Fwd R
5 6 7 Step Fwd L, ½ Pivot Turn R-wt on R, Turn ¼ R to 6:00, Step L to L Side
8 & Cross/step R behind L, Step L to L Side 6:00

[64&]

Note: There are 2 Restarts as marked above – End of Wall 2**dance first 8 counts

Wall 3*** – Dance to count 7 Turn ¼ L –Step Fwd L to 12:00 for count 8-Resart

Last Update – 20 June 2019

Contact: 0412 723 326 - <http://www.kerrigan.com.au/> info@kerrigan.com.au
