

Ini Poco Poco

COPPER KNOB
STEPPERS

拍数: 48 墙数: 4 级数: Phrased Improver
编舞者: Andre Adhitama Rizal (INA) - June 2019
音乐: Poco Poco (Best Dance of Our Lives) - JFlow



Sequence: ABB-AAA-BB-AAA-BB-AAA-BB

Start dance after 16 Count

A. I. TOUCH-TOUCH-RUN FOWARD R.L.R-TOUCH-TOUCH-FOWARD MAMBO

1 2. Touch R fwd, Touch R back
3 & 4 Run fwd RLR
5 6. Touch L fwd, Touch L back
7 & 8 Rock L fwd, Recover on R, Step L back

A. II. BACK SUFFLE-COASTER STEP-POINT SIDE R-TOGETHER-PONT SIDE L-TOGETHER-STEP-PIVOT

1 & 2 Step R back, Step L next to R, Step R back
3 & 4 Step L back, Step R next to L, Step L fwd
5&6& Touch R to side, Step R next to L, Touch L to side, Step L next to R
7 8. Step R fwd, Turn 1/4 Left Step L in place

B. I. SIDE R-TOGETHER-SIDE R-TOUCH-SIDE L-TOGETHER-SIDE L-TOUCH

1234 Step R to side, Step L next to R, Step R to side, Touch L next to R
5678 Step L to side, Step R next to L, Step L to side, Touch R next to L

B. II. STEP BACK R.L.R-TOUCH-RECOVER-TOUCH-RECOVER-TOUCH

1234 Step back R, L, R, Touch L fwd
5678 Recover on L, Touch R back, Step R back, Touch L fwd

B. III. STEP-HITCH-STEP- HITCH-STEP-HITCH-STEP-HITCH

1234 Step L fwd, Hitch R with clap Step R fwd, Hitch L with clap
5678 Step L fwd, Hitch R with clap , Step R fwd, Hitch L with clap

B. IV. SWAY-HOLD-SWAY-HOLD-SWAY X3-HOLD

1234 Sway L to fwd, Hold, Sway R to back, Hold
5678 Sway L to fwd, Sway R to back, Sway L fwd, Hold

Ending : Walk-Walk to front row

1-12 Walk 12X
5 Pose

No Tags No Restarts

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Enjoy the dance....