

Emotion

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Bente Lindtner (NOR) - June 2019
音乐: Emotion - Astrid S



#16 count intro, Dance starts at '(for)get'

[1-8] R Basic, Step L, 1/2 sailor turn R into Shuffle FW RLR, Rock recover shuffle Back LRL

- 1, 2 & Step RF to R, close LF behind R, cross RF over L (12:00)
- 3, 4 & Step LF to L, Cross RF behind LF, Pivot ¼ turn R Stepping LF next to RF
- 5 & 6 Pivot ¼ turn R Stepping RF FW, step LF next to RF, Step RF FW (06:00)
- 7 & Rock Step LF FW, Recover on RF
- 8 & 1 Step BW on LF, Step RF next to LF, Step BW on LF

[9-16] Rock to R, recover with 1/4 turn L and sweep R, Cross back back X 2, Touch

- 2, 3 Rock Step RF to Right, recover stepping LF FW turning 1/4 to L while sweeping RF from back to front (03:00)
- 4 & 5 Cross RF over LF, Step LF back, step RF back (on line with LF)
- 6 & 7 Cross LF over RF, Step RF back, step LF back (on line with RF)
- 8 Touch R toe close to LF

[17-24] Quarter Diamond turn into Vaudeville left and right

- 1, 2 & Step RF to right, make 1/8 turn L stepping LF back diagonal, step RF back diagonal (01:30)
- 3, 4 & Make 1/8 turn L stepping LF to L, Turn 1/8 L stepping RF forward, step LF forward (10:30)
- 5&6& Cross RF over LF, turn 1/8 R Stepping LF left (straightening), touch R heel FW diagonally to R, Step RF next to LF (12:00)
- 7 & 8 Cross LF over RF, Step RF back, touch L heel FW diagonally to L
- & Step LF next to RF

[25-32] Step RF FW, Spiral turn L 1/1, Step FW, Coaster 1/4 L cross, Unwind 3/4 with sweep, Coaster step cross

- 1, 2, 3 Step RF FW, turn 1/1 round while stepping LF FW, Step RF FW
- 4 & 5 Turn 1/4 L stepping LF behind RF, Step RF next to LF, cross LF in front of RF (09:00)
- 6 Unwind 3/4 R, weight ending on LF while sweeping RF around and to back (06:00)
- 7&8& step RF BW, step LF next to RF, Step RF FW, Cross LF in front of RF

Tag / Restart: during wall 2, after 16 counts with small change:

- 6 & 7 Cross LF over RF, Step RF back, turn ¼ left stepping LF left
- 8 Touch R toe close to LF

Then Restart