

Mi Amante (My Lover)

COPPER **KNOB**
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Val Saari (CAN) - June 2019
音乐: Mi Amante Reggaeton Version, El Chacal, DJ Unic (2:52)



TOE-STRUT V-STEP, SIDE STEP-DRAG (RL)

1&2& Touch RF toe diagonally forward (1:00), Step heel down, Touch LF toe diagonally forward (11:00), Step heel down
3&4 Touch RF toe behind to centre, Step heel down, Touch LF toe beside R, Step heel down
5-6 Large step right to right side, drag LF toes towards R (optional shimmy)
7-8 Large step left to left side, drag RF towards L (optional shimmy)

WALK FORWARD, MAMBO FORWARD, WALK BACK, MAMBO BACK

1-2 Walk forward R,L
3&4 Rock forward on RF, Recover LF, Step back on RF
5-6 Walk back L,R
7&8 Rock back on LF, Recover RF, Step LF beside R

CROSS MAMBOS X 4 (R, L PIVOT 1/4 L, R, L PIVOT 1/4 L)

1&2 RF rock across L, LF recover, Step RF beside Left
3&4 LF rock across R, Step RF in place, Step LF 1/4 pivot left
5&6 RF rock across L, LF recover, Step RF beside Left
7&8 LF rock across R, Step RF in place, Step LF 1/4 pivot Left

MAMBOS FWD, BACK, STEP, DRAG FWD X 2 (RL)

1&2 Rock forward on RF, Recover LF, Step RF beside L
3&4 Rock back on LF, Recover RF, Step LF beside R
5-6 Step RF forward, Drag LF toes together
7-8 Step LF forward, Drag RF toes together

REPEAT - No Tags, No Restarts

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