

Rumba To The Rhythm

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Michele Burton (USA) - June 2019
音乐: The More I See You - Chris Montez : (CD: A&M 50: Anniversary Collection)



#36 count introduction - Begin on the word "See" - BPM 120

[1 – 8] SIDE TOGETHER FORWARD HOLD, SIDE TOGETHER SIDE HOLD

1 – 4 Step L to left; Step R beside L; Step L forward; Hold 12:00
5 – 8 Step R to right; Step L beside R; Step R to right; Hold

[9 – 16] CROSS ROCK RETURN ¼ TURN LEFT HOLD, RUN RUN TURN HOLD

1 – 4 Rock L over R; Return weight to R; Turn ¼ left, step forward on L; Hold 9:00
5 – 8 Step R forward; Step L forward (prep toes left), Turn ½ left, step back on R; Hold 3:00

[17-24] BACK ROCK RETURN ½ TURN RIGHT HOLD; BACK ROCK RETURN ½ TURN LEFT HOLD

1 – 4 Rock L back; Return weight to right; Turn ½ right, step back on L; Hold 9:00
5 – 8 Rock R back; Return weight to left; Turn ½ left, step back on R; Hold 3:00

***Easier option:**

***1 – 4 Rock L back; Return weight to R; Step L forward; Hold**

***5 – 8 Rock R forward, Return weight to L, Step R back; Hold**

[25-32] BACK BACK BACK TAP (& SNAP), SCISSOR CROSS HOLD

1 – 4 Step L back; Step R back; Step L back; Touch R beside L and snap fingers 3:00
5 – 8 Step R to right; Step L beside R; Step R over L; Hold

Tag: At the end of walls 4 and 8, both facing the 12:00 wall, add the following

1 – 4 Sway L; Hold (or tap R beside L); Sway R; Hold (or tap L beside R)

START AGAIN

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