

# Volar

拍数: 32      墙数: 2      级数: Easy Intermediate  
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音乐: Volar - Álvaro Soler



## Start Dancing on Vocal

### I. Mambo Forward, Coaster Cross, Double Touch, Long Step, Coaster Cross

1&2      Rock R forward – Recover on L – Step R back  
3&4      Step L backward – Ball R next to L – Cross L over R  
5&6      Touch R to side – Touch R beside L – Step R long to side  
7&8      Step L behind R – Ball R next to L – Cross L over R

### II. Pivot, Travelling Triple Turn, Lock Shuffle, Mambo Side (with Shimmy)

1&2      Rock R side – Turn  $\frac{1}{4}$  left recovering on L – Step R forward  
3&4      Turn  $\frac{1}{2}$  right stepping L back – Turn  $\frac{1}{2}$  right stepping R forward – Step L forward  
5&6      Step R forward – Lock L behind R – Step R forward  
7&8      Rock L side – Recover on R – Close L next to R (with shimmy)

### III. Syncopated V Step, Syncopated Jazz Box, Brush-Hitch-Tuoch, Body Wave (optional:Clap)

1&2&      Step R diagonal forward – Step L diagonal forward – Return R to center – Return L to center  
3&4&      Cross R over L – Step L back – Step R side – Cross L over R  
5&6      Kick and brush toe R forward – Hitch R up – Touch R in front  
7-8      Drop R in place and bring your body down – Raise your body up hair swing  
(optional: Clap 4 times on right side of your head)

### IV. Side Touch 4x, Half Pivot 2x

1&2&      Turn  $\frac{1}{4}$  left stepping R side – Touch L beside R – Step L side – Touch R beside L  
3&4&      Step R side – Touch L beside R – Step L side – Touch R beside L  
5-6      Step R forward – Turn  $\frac{1}{2}$  left moving weight on L  
7-8      Step R forward – Turn  $\frac{1}{2}$  left moving weight on L

**Restart: Do a restart on wall 3 after 16 counts and change your wall into 6.00 to begin new wall**

Last Update – 21 July 2019