

# Country Mile

COPPER KNOB  
STEPSHEETS

拍数: 48      墙数: 4      级数: Improver  
编舞者: Tina Argyle (UK) - May 2019  
音乐: Country Mile - Lisa McHugh : (iTunes)



Count In : 16 counts from start of track approx 10 seconds into track

## Stomp, Stomp. Sailor Step. Behind $\frac{3}{4}$ unwind, Side Rock, Recover.

1-2            Stomp R forward and slightly out, Stomp L forward and slightly out  
3&4            Cross R behind L, Step L to L side, step R to R side  
5-6            Touch L behind R, Make  $\frac{3}{4}$  turn L to face 3 o'clock with weight on L (3 o'clock)  
7-8            Rock R to R side, recover weight onto L

## Cross, Side, Behind Side Cross, $\frac{1}{4}$ Turn Side Step, Shuffle Forward

1-2            Cross R over L. step L to L side  
3&4            Cross R behind L, step L to L side, cross R over L  
5-6            Make  $\frac{1}{4}$  turn R stepping back L, step R to R side (6 o'clock)  
7&8            Step fwd L, close R at side of L, step fwd L

## Full Turn Fwd (or walk,walk).Mambo Step. Coaster Step, Step $\frac{1}{4}$ Turn

1-2            Make  $\frac{1}{2}$  turn L stepping back R, Make  $\frac{1}{2}$  turn L stepping fwd L  
3&4            Rock fwd onto R, recover weight onto L, step back R  
5&6            Step back L, step back R, step fwd L  
7-8            Step fwd R make  $\frac{1}{4}$  turn left onto L (3 o'clock)

## Cross,Side Sailor $\frac{1}{2}$ Turn. Side Rock Recover Ball Side Rock Recover

1-2            Cross R over L, step L to L side  
3&4            Cross R behind L Make  $\frac{1}{4}$  turn R stepping L to L side, Make  $\frac{1}{4}$  turn R stepping R to R side (9 o'clock)  
5-6            Rock L to L side, Recover  
&            Step L at side of R  
7-8            Rock R to R side, Recover

## Sailor Step x 2. Rock Forward Recover, $\frac{1}{2}$ Turn, Walk Fwd Right, Left

1&2            Cross R behind L, step L to L side, step R to R side  
3&4            Cross L behind R, step R to R side, step L to L side  
5-6            Rock fwd R, recover weight onto L  
7-8            Make  $\frac{1}{2}$  turn R stepping fwd R, step fwd L (3 o'clock)

\*\*\* Re start here during wall 1 facing 3 o'clock \*\*\*

## Rock Fwd Recover Ball Walk Back L,R Rock Back Recover Ball Walk Fwd R,L

1-2&            Rock fwd R recover, step R at side of L  
3-4            Walk back L then R  
\*\*\* Re start here during wall 3 by replacing count 4 with a touch facing 9 o'clock wall  
5-6&            Rock back L recover, step L at side of R  
7-8            Walk forward R then L

\*\*\* Re starts during walls 1 & 3 see notes in script.\*\*\*

Last Update - 12 June 2019